# RANDOM WALKS ON TORUS AND RANDOM INTERLACEMENTS: MACROSCOPIC COUPLING AND PHASE TRANSITION 

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#### Abstract

For $d \geq 3$ we construct a new coupling of the trace left by a random walk on a large $d$-dimensional discrete torus with the random interlacements on $\mathbb{Z}^{d}$. This coupling has the advantage of working up to macroscopic subsets of the torus. As an application, we show a sharp phase transition for the diameter of the component of the vacant set on the torus containing a given point. The threshold where this phase transition takes place coincides with the critical value $u_{\star}(d)$ of random interlacements on $\mathbb{Z}^{d}$. Our main tool is a variant of the soft-local time coupling technique of PT12.


## 1. Introduction

In this paper we study the trace of a simple random walk $X_{n}$ on a large $d$-dimensional discrete torus $\mathbb{T}_{N}^{d}=(\mathbb{Z} / N \mathbb{Z})^{d}$ for $d \geq 3$. In particular, we investigate the percolative properties of its vacant set

$$
\begin{equation*}
\mathcal{V}_{N}^{u}=\mathbb{T}_{N}^{d} \backslash\left\{X_{0}, \ldots, X_{\left\lfloor u N^{d}\right\rfloor}\right\}, \tag{1.1}
\end{equation*}
$$

for a fixed $u \in[0, \infty)$ as $N$ tends to infinity.
Intuitively speaking, the parameter $u$ plays the role of a density of the random walk trace. More precisely, for small values of $u$ and as $N$ grows, the vacant set occupies a large proportion of the torus. Therefore, $\mathcal{V}_{N}^{u}$ should consists of a single large cluster together with small finite components. In contrast, for large values of $u$, the asymptotic density of $\mathcal{V}_{N}^{u}$ should be small and it should have been fragmented into small pieces.

In analogy with the Bernoulli percolation behavior, it is actually expected that there is a phase transition. Namely, there is a critical value $u_{c}(d)$ such that the first behavior holds true for all $u<u_{c}(d)$ and the second for all $u>u_{c}(d)$, with high probability as $N$ tends to infinity.

The percolative properties of $\mathcal{V}_{N}^{u}$ have been studied in several recent works. In [BS08], the authors showed that, for large dimensions $d$ and small enough $u>0$, the vacant set has a (unique, to some extent) connected component with a non-negligible density. In order to understand the vacant set $\mathcal{V}_{N}^{u}$ more in detail, Sznitman introduced in [Szn10] a model of random interlacements, which can be viewed as an analogue of the random walk trace in the torus, but constructed on the infinite lattice $\mathbb{Z}^{d}$. In Szn10, SS09, it was then shown that the vacant set of random interlacements exhibit a percolation phase transition at some level $u_{\star}(d) \in(0, \infty)$. It is believed that the critical threshold of the torus, $u_{c}(d)$ coincides with $u_{\star}(d)$.

Later, in Win08, it was established that as $N$ grows, the set $\mathcal{V}_{N}^{u}$ converges locally in law to the vacant set of random interlacements $\mathcal{V}^{u}$, but this didn't have immediate consequences on the percolative behavior of the $\mathcal{V}_{N}^{u}$. In [TW11], a more quantified control of $\mathcal{V}_{N}^{u}$ in terms of $\mathcal{V}^{u}$ improved our understanding of the behavior of the largest connected
component $\mathcal{C}_{u, N}^{\max }$ of $\mathcal{V}_{N}^{u}$. In particular, it was shown that, for any dimension $d \geq 3$, with high probability as $N$ goes to infinity:

- for $u$ small enough, there is $\varepsilon>0$ such that

$$
\left|\mathcal{C}_{u, N}^{\max }\right| \geq \varepsilon N^{d}
$$

- for $u>u_{\star}(d)$,

$$
\left|\mathcal{C}_{u, N}^{\max }\right|=o\left(N^{d}\right),
$$

- for $u$ large enough, for some $\lambda(u)>0$

$$
\left|\mathcal{C}_{u, N}^{\max }\right|=O\left(\log ^{\lambda} N\right)
$$

Note that this implies the existence of a certain transition in the asymptotic behavior of $\mathcal{V}_{N}^{u}$ as $u$ varies. However it was not known until now where this transition occurs, whether it is sharp, or whether it is related to the model of random interlacements. The results of this paper shed more light on this question.

Unfortunately, we are not able to control directly the volume of the largest connected component $\mathcal{C}_{u, N}^{\text {max }}$. We thus define another observable that is better suited to our analysis. To this end we let $P$ to stand for the law of the simple random walk $\left(X_{n}\right)_{n \geq 0}$ on $\mathbb{T}_{N}^{d}$ started from its invariant distribution (which is uniform on $\mathbb{T}_{N}^{d}$ ), and write $\mathcal{C}_{N}(u)$ for the connected component of $\mathcal{V}_{N}^{u}$ containing some given point, say $0 \in \mathbb{T}_{N}^{d}$. We define the observable

$$
\begin{equation*}
\eta_{N}(u)=P\left[\operatorname{diam} \mathcal{C}_{N}(u) \geq N / 4\right] \tag{1.2}
\end{equation*}
$$

where the diameter is understood in the Euclidean sense, not in the one induced by the graph $\mathcal{C}_{N}(u)$.

Let us point out that the observable $\eta_{N}(u)$ is macroscopic, that is it depends on the properties of the vacant set $\mathcal{V}_{N}^{u}$ in the box of size comparable with $N$.

The next theorem establishes a phase transition for this observable and gives its asymptotic behavior in terms of related quantities for random interlacements.

Theorem 1.1. The observable $\eta_{N}(u)$ exhibits a phase transition at $u_{\star}(d)$. More precisely, for $u>u_{\star}(d)$,

$$
\begin{equation*}
\lim _{N \rightarrow \infty} \eta_{N}(u)=0 \tag{1.3}
\end{equation*}
$$

and for $u<u_{\star}(d)$,

$$
\begin{equation*}
\lim _{N \rightarrow \infty} \eta_{N}(u)=\eta(u)>0 \tag{1.4}
\end{equation*}
$$

where $\eta(u)$ is the probability that $0 \in \mathbb{Z}^{d}$ is contained in the infinite component of the vacant set $\mathcal{V}^{u}$ of random interlacements at level $u$.

The main ingredient of the proof of Theorem 1.1 is a new coupling between $\mathcal{V}_{N}^{u}$ and $\mathcal{V}_{u}$ in macroscopic boxes of the torus which is of independent interest. This is stated precisely in the following result.

Theorem 1.2. Let $\mathcal{B}_{N}=[0,(1-\delta) N]^{d}$ for some $\delta>0$. Then for every $u \geq 0$ and $\varepsilon>0$ there exist couplings $\mathbb{Q}_{N}$ of the random walk on $\mathbb{T}_{N}^{d}$ with the random interlacements such that

$$
\begin{equation*}
\lim _{N \rightarrow \infty} \mathbb{Q}_{N}\left[\left(\mathcal{V}^{u(1+\varepsilon)} \cap \mathcal{B}_{N}\right) \subset\left(\mathcal{V}_{N}^{u} \cap \mathcal{B}_{N}\right) \subset\left(\mathcal{V}^{u(1-\varepsilon)} \cap \mathcal{B}_{N}\right)\right]=1 \tag{1.5}
\end{equation*}
$$

We give a more quantitative version of this theorem later (see Theorem 4.1). Observe again that the box $\mathcal{B}_{N}$ is macroscopic, and that $\left|\mathcal{B}_{N}\right| / N^{d}$ can be made arbitrarily close to one. Theorem 1.2 thus improves considerably the best previously known coupling of the
same objects working with boxes of size $N^{1-\varepsilon}$, see [TW11] (cf. also [Bel13] for another related coupling).

The principal tool for the construction of the above coupling is a streamlined version of the technique of soft local times, which was recently developed in [PT12] in order to prove new decorrelation inequalities for random interlacements. This technique allows to couple two Markov chains so that their ranges almost coincide. Our formulation, stated as Theorem 3.2 below, provides more explicit bounds on the probability that the coupling fails, and more importantly, it is well adapted to situations where one can estimate the mixing time of the chains in question. See introduction to Section 3 for more details.

Let us now briefly describe the organization of this paper. In Section 2 we introduce some basic notation and recall several useful known results. In Section3, we extend the soft local times method and prove our main technical result on the coupling of ranges of Markov chains. The precise version of Theorem 1.2 giving a coupling between the random walk on $\mathbb{T}_{N}^{d}$ and the vacant set of random interlacements is stated in Theorem 4.1 in Section 4 , Sections 59 provide estimates on the simple random walk, equilibrium measures, mixing times and the number of excursions of the walker which are needed in order to apply the results of Section 3. Finally, Section 10 contains the proofs of our main results. In the appendix we include a suitable version of classic Chernov bounds on the concentration of additive functionals of Markov chains.

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## 2. Notation and some results

Let us first introduce some basic notation to be used in the sequel. We consider torus $\mathbb{T}_{N}^{d}=\left(\mathbb{Z}^{d} / N \mathbb{Z}^{d}\right)$ which we identify, for sake of concreteness, with the set $\{0, \ldots, N-1\}^{d} \subset$ $\mathbb{Z}^{d}$. On $\mathbb{Z}^{d}$, we respectively denote by $|\cdot|$ and $|\cdot|_{\infty}$ the Euclidean and $\ell^{\infty}$ _norms. For any $x \in \mathbb{Z}^{d}$ and $r \geq 0$, we let $B(x, r)=\left\{y \in \mathbb{Z}^{d}:|y-x| \leq r\right\}$ stand for the Euclidean ball centered at $x$ with radius $r$. Given $K, U \subset \mathbb{Z}^{d}, K^{c}=\mathbb{Z}^{d} \backslash K$ stands for the complement of $K$ in $\mathbb{Z}^{d}$ and $\operatorname{dist}(K, U)=\inf \{|x-y|: x \in K, y \in U\}$ for the Euclidean distance of $K$ and $U$. Finally, we define the inner boundary of $K$ to be the set $\partial K=\{x \in K: \exists y \in$ $\left.K^{c},|y-x|=1\right\}$, and the outer boundary of $K$ as $\partial_{e} K=\partial\left(K^{c}\right)$. Analogous notation is used on $\mathbb{T}_{N}^{d}$.

We endow $\mathbb{Z}^{d}$ and $\mathbb{T}_{N}^{d}$ with the nearest-neighbor graph structure. We write $P_{x}$ for the law on $\left(\mathbb{T}_{N}^{d}\right)^{\mathbb{N}}$ of the canonical simple random walk on $\mathbb{T}_{N}^{d}$ started $x \in \mathbb{T}_{N}^{d}$, and denote the canonical coordinate process by $X_{n}, n \geq 0$. We use $P$ to denote the law of the random walk with a uniformly chosen starting point, that is $P=\sum_{x \in \mathbb{T}_{N}^{d}} N^{-d} P_{x}$. We write $P_{x}^{\mathbb{Z}^{d}}$ for the canonical law of the simple random walk on $\mathbb{Z}^{d}$ started from $x$, and (with slight abuse of notation) $X_{n}$ for the coordinate process as well. Finally, $\theta_{k}$ denotes the canonical shifts of the walk, defined on either $\left(\mathbb{T}_{N}^{d}\right)^{\mathbb{N}}$ or $\left(\mathbb{Z}^{d}\right)^{\mathbb{N}}$,

$$
\begin{equation*}
\theta_{k}\left(x_{0}, x_{1}, \ldots\right)=\left(x_{k}, x_{k+1}, \ldots\right) . \tag{2.1}
\end{equation*}
$$

Throughout the text we denote by $c$ positive finite constants whose value might change during the computations, and which may depend on the dimension $d$. Starting from Section 5, the constants may additionally depend on $\gamma, \alpha$ which we will introduce later (this will be mentioned again when appropriate). Given two sequences $a_{N}, b_{N}$, we write $a_{N} \asymp b_{N}$ to mean that $c^{-1} a_{N} \leq b_{N} \leq c a_{N}$, for some constant $c \geq 1$.

For $K \subset \mathbb{Z}^{d}$ finite, as well as for $K \subset \mathbb{T}_{N}^{d}$, we use $H_{K}, \tilde{H}_{K}$ to denote entrance and hitting times of $K$

$$
\begin{equation*}
H_{K}=\inf \left\{k \geq 0: X_{k} \in K\right\}, \quad \tilde{H}_{K}=\inf \left\{k \geq 1: X_{k} \in K\right\} \tag{2.2}
\end{equation*}
$$

For $K \subset \mathbb{Z}^{d}$ we define the equilibrium measure of $K$ by

$$
\begin{equation*}
e_{K}(x)=P_{x}^{\mathbb{Z}^{d}}\left[\tilde{H}_{K}=\infty\right] \mathbf{1}\{x \in K\}, \quad x \in \mathbb{Z}^{d} \tag{2.3}
\end{equation*}
$$

and the capacity of $K$

$$
\begin{equation*}
\operatorname{cap}(K)=e_{K}(K) \tag{2.4}
\end{equation*}
$$

For every finite $K, \operatorname{cap}(K)<\infty$, which allows to introduce the normalized equilibrium measure

$$
\begin{equation*}
\bar{e}_{K}(\cdot)=(\operatorname{cap}(K))^{-1} e_{K}(\cdot) \tag{2.5}
\end{equation*}
$$

Finally, we give an explicit construction of the vacant set of random interlacements intersected with a finite set $K \subset \mathbb{Z}^{d}$. We build on some auxiliary probability space an i.i.d. sequence $X^{(i)}, i \geq 1$, of simple random walks on $\mathbb{Z}^{d}$ with the initial distribution $\bar{e}_{K}$, and an independent Poisson process $\left(J_{u}\right)_{u \geq 0}$ with intensity $\operatorname{cap}(K)$. The vacant set of the random interlacements (viewed as a process in $u \geq 0$ ) when intersected with $K$ has the law characterized by

$$
\begin{equation*}
\left(\mathcal{V}^{u} \cap K\right)_{u \geq 0} \stackrel{\text { law }}{=}\left(K \backslash \bigcup_{1 \leq i \leq J_{u}} \bigcup_{k \geq 0}\left\{X_{k}^{(i)}\right\}\right)_{u \geq 0}, \tag{2.6}
\end{equation*}
$$

see, for instance, Proposition 1.3 and below (1.42) in [Szn10].

## 3. Coupling the ranges of Markov chains

In this section we construct a coupling of two Markov chains so that their ranges almost coincide. A method to construct such couplings was recently introduced in [PT12], based on the so-called soft local times. We will use the same method to construct the coupling, but propose a new method to estimate the probability that the coupling fails.

This is necessary since the estimates in [PT12] use considerably the fact that the Markov chains in consideration have 'very strong renewals'. More precisely the trajectory of the chain can easily be decomposed into i.i.d. blocks (of possibly random length). This, together with bounds on the moment generating function corresponding to one block, allows them to obtain very good bounds on the error of the coupling, that is on the probability that the ranges of the Markov chains are considerably different.

In the present paper, we have in mind an application where this 'very strong renewal' structure is not present. We hence need to find new estimates on the error of the coupling. These techniques combine the method of soft local times with quantitative Chernov-type estimates on deviations of additive functionals of Markov chains. An estimate of this type suitable for our purposes is proved in the appendix.

Similarly as in PT12, we will use the regularity of the transition probabilities of the Markov chain to improve the bounds on the error of the coupling. In contrast to [PT12] this regularity will be not expressed via comparing the transition probability with indicator functions of large balls (see Theorem 4.9 of [PT12]), but by controlling the variance of the transition probability.

Note also that the estimates on the error of the coupling provided by Theorems 3.1, 3.2 are weaker than the ones obtained by techniques of [PT12], when both techniques apply. This is due to the fact that the Chernov-type estimates mentioned above give the worst case asymptotic and are not-optimal in many situations.

Let us now precise the setting of this section. Let $\Sigma$ be a finite state space, $P=$ $(p(x, y))_{x, y \in \Sigma}$ a Markov transition matrix, and $\nu$ a distribution on $\Sigma$. We assume that $P$ is irreducible, so there exists a unique $P$-invariant distribution $\pi$ on $\Sigma$. The mixing time $T$ corresponding to $P$ is defined by

$$
\begin{equation*}
T=\min \left\{n \geq 0: \max _{x \in \Sigma}\left\|P^{n}(x, \cdot)-\pi(\cdot)\right\|_{T V}\right\} \leq \frac{1}{4} \tag{3.1}
\end{equation*}
$$

where $\|\cdot\|_{T V}$ denotes the total variation distance $\left\|\nu-\nu^{\prime}\right\|_{T V}:=(1 / 2) \sum_{x}\left|\nu(x)-\nu^{\prime}(x)\right|$. We set

$$
\begin{equation*}
\pi_{\star}=\min _{z \in \Sigma} \pi(z) . \tag{3.2}
\end{equation*}
$$

Let $\mu$ be an a priori measure on $\Sigma$ with full support. (This measure is introduced for convenience only, it will simplify some formulas later. The estimates that we obtain do not depend on the choice of $\mu$.) Let $g: \Sigma \rightarrow[0, \infty)$ be the density of $\pi$ with respect of $\mu$,

$$
\begin{equation*}
g(x)=\frac{\pi(x)}{\mu(x)}, \quad x \in \Sigma \tag{3.3}
\end{equation*}
$$

and let further $\rho: \Sigma^{2} \rightarrow[0, \infty)$ be the 'transition density' with respect to $\mu$,

$$
\begin{equation*}
\rho(x, y)=\frac{p(x, y)}{\mu(y)}, \quad x, y \in \Sigma \tag{3.4}
\end{equation*}
$$

We use $\rho_{y}$ to denote the function $x \mapsto \rho(x, y)$ giving the arrival probability density at $y$ as we vary the starting point. For any function $f: \Sigma \rightarrow \mathbb{R}$, let $\pi(f)=\sum_{x \in \Sigma} \pi(x) f(x)$, and $\operatorname{Var}_{\pi} f=\pi\left((f-\pi(f))^{2}\right)$.

The following theorem provides a coupling of a Markov chain with transition matrix $P$ with an i.i.d. sequence so that their ranges almost coincide.
Theorem 3.1. There exists a probability space $(\Omega, \mathcal{F}, \mathbb{Q})$ where one can construct a Markov chain $\left(Z_{i}\right)_{i \geq 0}$ with transition matrix $P$ and initial distribution $\nu$ and an i.i.d. sequence $\left(U_{i}\right)_{i \geq 0}$ with marginal $\pi$ such that for any $\varepsilon$ satisfying

$$
\begin{equation*}
0<\varepsilon \leq \frac{1}{2} \wedge \min _{z \in \Sigma} \frac{\operatorname{Var}_{\pi} \rho_{z}}{2\left\|\rho_{z}\right\|_{\infty} g(z)} \tag{3.5}
\end{equation*}
$$

and for any $n \geq 2 k(\varepsilon) T$ we have

$$
\begin{equation*}
\mathbb{Q}\left[\mathcal{G}(n, \varepsilon)^{c}\right] \leq C \sum_{z \in \Sigma}\left(e^{-c n \varepsilon^{2}}+e^{-c n \varepsilon \frac{\pi(z)}{\nu(z)}}+\exp \left\{-\frac{c \varepsilon^{2} g(z)^{2}}{\operatorname{Var}_{\pi} \rho_{z}} \frac{n}{k(\varepsilon) T}\right\}\right) \tag{3.6}
\end{equation*}
$$

where $c, C \in(0, \infty)$ are absolute constants, $\mathcal{G}(n, \varepsilon)$ is the 'good' event

$$
\begin{equation*}
\mathcal{G}=\mathcal{G}(n, \varepsilon)=\left\{\left\{U_{i}\right\}_{i=0}^{n(1-\varepsilon)} \subset\left\{Z_{i}\right\}_{i=0}^{n} \subset\left\{U_{i}\right\}_{i=0}^{n(1+\varepsilon)}\right\}, \tag{3.7}
\end{equation*}
$$

and

$$
\begin{equation*}
k(\varepsilon)=-\min _{z \in \Sigma} \log _{2} \frac{\pi_{\star} \varepsilon^{2} g(z)^{2}}{6 \operatorname{Var}_{\pi}\left(\rho_{z}\right)} \tag{3.8}
\end{equation*}
$$

Proof. To construct the coupling, we use the same procedure as in [PT12]. Let $(\Omega, \mathcal{F}, \mathbb{Q})$ be a probability space on which we are given a Poisson point process $\eta=\left(z_{i}, v_{i}\right)_{i \geq 1}$ on $\Sigma \times[0, \infty)$ with intensity measure $\mu \otimes d x$. On this probability space we now construct a Markov chain $\left(Z_{i}\right)_{i \geq 0}$ and an i.i.d. sequence $\left(U_{i}\right)_{i \geq 0}$ with the required properties. For a more detailed explanation of this construction, see [PT12].

Let $G_{-1}(z)=0, z \in \Sigma$, and define inductively random variables $\xi_{k} \geq 0, Z_{k} \in \Sigma, V_{k} \geq 0$, and random functions $G_{k}: \Sigma \rightarrow[0, \infty), k \geq 0$,

$$
\begin{align*}
\xi_{k} & =\inf \left\{t \geq 0: \exists(z, v) \in \eta \backslash\left\{\left(Z_{i}, V_{i}\right)\right\}_{i=1}^{k-1} \text { s.t. } G_{k-1}(z)+t \rho\left(Z_{k-1}, z\right) \geq v\right\}  \tag{3.9}\\
G_{k}(z) & =G_{k-1}(z)+\xi_{k} \rho\left(Z_{k-1}, z\right)  \tag{3.10}\\
\left(Z_{k}, V_{k}\right) & =\text { the unique point }(z, v) \in \eta \text { such that } G_{k}(z)=v, \tag{3.11}
\end{align*}
$$

where we use the convention $\rho\left(Z_{-1}, z\right)=\nu(z) / \mu(z)$. If the point satisfying $G_{k}(z)=v$ in (3.11) is not unique, we pick one arbitrarily. The details of the choice are unimportant, as this occurs with zero probability.

Using a similar construction, on the same probability space, we further define random variables $U_{k} \in \Sigma, \tilde{\xi}_{k} \geq 0, W_{k} \geq 0$ and random functions $\tilde{G}_{k}: \Sigma \rightarrow[0, \infty), k \geq 0$,

$$
\begin{align*}
\tilde{\xi}_{k} & =\inf \left\{t \geq 0: \exists(z, v) \in \eta \backslash\left\{\left(U_{i}, W_{i}\right)\right\}_{i=1}^{k-1} \text { s.t. } \tilde{G}_{k-1}(z)+t g(z) \geq v\right\},  \tag{3.12}\\
\tilde{G}_{k}(z) & =\tilde{G}_{k-1}(z)+\tilde{\xi}_{k} g(z),  \tag{3.13}\\
\left(U_{k}, W_{k}\right) & =\text { the unique point }(z, v) \in \eta \text { such that } \tilde{G}_{k}(z)=v, \tag{3.14}
\end{align*}
$$

where again $\tilde{G}_{-1} \equiv 0$.
It follows from [PT12, Section 4] that $Z=\left(Z_{k}\right)_{k \geq 0}$ is a Markov chain with the required distribution, and $U=\left(U_{k}\right)_{k \geq 0}$ an i.i.d. sequence with marginal $\pi$. Moreover, the sequences $\left(\xi_{k}\right)$ and $\left(\tilde{\xi}_{k}\right)$ are i.i.d. with exponential mean-one marginal. The sequence $\left(\xi_{k}\right)$ is independent of $\left(Z_{k}\right)$, and similarly $\left(\tilde{\xi}_{k}\right)$ is independent of $\left(U_{k}\right)$.

We now estimate the probability of $\mathcal{G}(n, \varepsilon)^{c}$. From the above construction it follows that $\mathbb{Q}$-a.s.

$$
\begin{align*}
& \left\{Z_{i}\right\}_{i=0}^{k}=\left\{z \in \Sigma: \text { there exists }(z, v) \in \eta \text { with } G_{k}(z) \geq v\right\} \\
& \left\{U_{i}\right\}_{i=0}^{k}=\left\{z \in \Sigma: \text { there exists }(z, v) \in \eta \text { with } \tilde{G}_{k}(z) \geq v\right\} . \tag{3.15}
\end{align*}
$$

Consider the following events

$$
\begin{align*}
A^{-} & =\left\{\tilde{G}_{n(1-\varepsilon)}<\left(1-\frac{\varepsilon}{2}\right) n g\right\}, \\
A^{+} & =\left\{\tilde{G}_{n(1+\varepsilon)}>\left(1+\frac{\varepsilon}{2}\right) n g\right\},  \tag{3.16}\\
B & =\left\{n\left(1-\frac{\varepsilon}{2}\right) g \leq G_{n} \leq\left(1+\frac{\varepsilon}{2}\right) n g\right\} .
\end{align*}
$$

Using (3.15), it follows that $\mathcal{G}(n, \varepsilon)^{c} \subset\left(A^{+}\right)^{c} \cup\left(A^{-}\right)^{c} \cup B^{c}$.
To bound the probability of the events $\left(A^{ \pm}\right)^{c}$ and $B^{c}$, observe first that, by construction, $\tilde{G}_{n}=g \sum_{i=1}^{n} \tilde{\xi}$. As $\tilde{\xi}_{i}$ 's are i.i.d., the standard application of the exponential Chebyshev inequality yields the estimate

$$
\begin{equation*}
\mathbb{Q}\left[\left(A^{ \pm}\right)^{c}\right] \leq e^{-c n \varepsilon^{2}} \tag{3.17}
\end{equation*}
$$

To estimate $\mathbb{Q}\left[B^{c}\right]$, we write $G_{n}(z)$ as

$$
\begin{equation*}
G_{n}(z)=\xi_{0} \frac{\nu(z)}{\mu(z)}+\sum_{i=1}^{n} \xi_{i} \rho_{z}\left(Z_{i-1}\right)=\xi_{0} \frac{\nu(z)}{\mu(z)}+\int_{0}^{\tau_{n}} \rho_{z}\left(\bar{Z}_{t}\right) d t \tag{3.18}
\end{equation*}
$$

where $\left(\bar{Z}_{t}\right)_{t \geq 0}$ is a continuous-time Markov chain following the same trajectory as $Z$ with mean-one exponential waiting times, and $\tau_{n}$ is the time of the $n$-th jump of $\bar{Z}$. It follows that $\mathbb{Q}\left[B^{c}\right]$ can be estimated with help of quantitative estimates on the deviations of additive functionals of Markov chains. An estimate suitable for our purposes is proved in the appendix.

To apply this estimate we write

$$
\begin{align*}
\mathbb{Q}\left[B^{c}\right] \leq \sum_{z \in \Sigma}\{ & \left\{\mathbb{Q}\left[\frac{\xi_{0} \nu(z)}{\mu(z)} \geq \frac{1}{4} \varepsilon n g(z)\right]+\mathbb{Q}\left[\left|\tau_{n}-n\right| \geq \frac{1}{4} n \varepsilon\right]\right. \\
& +\mathbb{Q}\left[\int_{0}^{n(1+\varepsilon / 4)} \rho_{z}\left(\bar{Z}_{t}\right) d t-n\left(1+\frac{\varepsilon}{4}\right) g(z) \geq \frac{1}{4} n \varepsilon g(z)\right]  \tag{3.19}\\
& \left.+\mathbb{Q}\left[\int_{0}^{n(1-\varepsilon / 4)} \rho_{z}\left(\bar{Z}_{t}\right) d t-n\left(1-\frac{\varepsilon}{4}\right) g(z) \leq-\frac{1}{4} n \varepsilon g(z)\right]\right\}
\end{align*}
$$

The first term satisfies

$$
\begin{equation*}
\mathbb{Q}\left[\xi_{0} \nu(z) / \mu(z) \geq \varepsilon n g(z) / 4\right]=e^{-c n \varepsilon \frac{\pi(z)}{\nu(z)}} . \tag{3.20}
\end{equation*}
$$

The second term can be bounded using a large deviation argument as in (3.17). The last two terms can be bounded using A.13) with $\delta=\varepsilon /(4 \pm \varepsilon), t=n(1 \pm \varepsilon / 4)$ and $f= \pm \rho_{z}$, using also the obvious identity $\pi\left(\rho_{z}\right)=g(z)$. The theorem then directly follows, the condition (3.5) is a direct consequence of the assumption A.15) of A.13).

The same technique can trivially be adapted to couple the ranges of two Markov chains: Let $P^{1}, P^{2}$ be transition matrices of two Markov chains on a common finite state space $\Sigma$ with respective mixing times $T^{1}, T^{2}$, but with the same invariant distribution $\pi$. Let further $\nu^{1}, \nu^{2}$ be two initial probability distributions on $\Sigma$. Similarly as above, we fix an a priori measure $\mu$, and define $g(x)=\pi(x) / \mu(x), \rho^{i}(x, y)=\mu(y)^{-1} p^{i}(x, y), i=1,2$.

Theorem 3.2. There exists a probability space $(\Omega, \mathcal{F}, \mathbb{Q})$ where one can define Markov chains $Z^{1}, Z^{2}$ with respective transition matrices $P^{1}, P^{2}$ and starting distributions $\nu^{1}, \nu^{2}$ such that for every $\varepsilon$ satisfying

$$
\begin{equation*}
0<\varepsilon \leq \frac{1}{2} \wedge \min _{i=1,2} \min _{z \in \Sigma} \frac{\operatorname{Var}_{\pi} \rho_{z}^{i}}{2\left\|\rho_{z}^{i}\right\|_{\infty} g(z)} \tag{3.21}
\end{equation*}
$$

and $n \geq 2 k(\varepsilon)\left(T^{1} \vee T^{2}\right)$ we have

$$
\begin{equation*}
\mathbb{Q}\left[\tilde{\mathcal{G}}(n, \varepsilon)^{c}\right] \leq C \sum_{i=1,2} \sum_{z \in \Sigma}\left(e^{-c n \varepsilon^{2}}+e^{-c n \varepsilon \frac{\pi(z)}{\nu^{i}(z)}}+\exp \left\{-\frac{c \varepsilon^{2} g(z)^{2}}{\operatorname{Var}_{\pi} \rho_{z}^{i}} \frac{n}{k(\varepsilon) T^{i}}\right\}\right) \tag{3.22}
\end{equation*}
$$

where $c, C \in(0, \infty)$ are absolute constants, $\tilde{\mathcal{G}}(n, \varepsilon)$ is the event

$$
\begin{equation*}
\tilde{\mathcal{G}}(n, \varepsilon)=\left\{\left\{Z_{i}^{1}\right\}_{i=1}^{n(1-\varepsilon)} \subset\left\{Z_{i}^{2}\right\}_{i=1}^{n} \subset\left\{Z_{i}^{1}\right\}_{i=1}^{n(1+\varepsilon)}\right\} \tag{3.23}
\end{equation*}
$$

and

$$
\begin{equation*}
k(\varepsilon)=-\min _{i=1,2} \min _{z \in \Sigma} \log _{2} \frac{\pi_{\star} \varepsilon^{2} g(z)^{2}}{6 \operatorname{Var}_{\pi}\left(\rho_{z}^{i}\right)} \tag{3.24}
\end{equation*}
$$

## 4. Coupling the vacant sets

In this section we state the quantitative version of Theorem 1.2 giving the coupling between the vacant sets of the random walk and the random interlacements in the macroscopic subsets of the torus. We then show the connection between Theorem 3.2 and our main result by defining the relevant finite state space Markov chains.

For technical reasons we should work with 'rounded boxes' instead of the usual ones. Their advantage is that the common potential-theoretic quantities, like equilibrium measure and hitting probabilities, are smoother on them; similar smoothing was used in [PT12,

Section 7]. Let

$$
\begin{equation*}
\gamma \in\left(\frac{1}{d-1}, 1\right) \quad \text { and } \quad \alpha \in\left(0, \frac{1}{4}\right) \tag{4.1}
\end{equation*}
$$

be two constants that remain fixed through the paper. Set $L=2 N^{\gamma}+\alpha N$, and define the box $B$ with rounded corners

$$
\begin{equation*}
B=B_{N}=\bigcup_{x \in[L, N-L]^{d} \cap \mathbb{Z}^{d}} B(x, \alpha N) . \tag{4.2}
\end{equation*}
$$

Let further $\Delta$ be the set of points at distance at least $N^{\gamma}$ from $B$,

$$
\begin{equation*}
\Delta=\Delta_{N}=\left(\bigcup_{x \in B_{N}} B\left(x, N^{\gamma}\right)\right)^{c} \tag{4.3}
\end{equation*}
$$

see Figure 1 for illustration. We view $B$ and $\Delta$ as subsets of $\mathbb{Z}^{d}$ as well as of $\mathbb{T}_{N}^{d}$ (identified with $\left.\{0, \ldots, N-1\}^{d}\right)$.


Figure 1. The rounded box $B_{N}$ (dark gray), the 'security zone' of width $N^{\gamma}$ (white), and the set $\Delta_{N}$ (light gray) in the torus $\mathbb{T}_{N}^{d}$.

We can state the quantitative version of Theorem 1.2 now.
Theorem 4.1. Let $u>0$ and $\varepsilon_{N}$ be a sequence satisfying $\varepsilon_{N} \in\left(0, c_{0}\right)$ with $c_{0}$ sufficiently small. Set $\kappa=\gamma(d-1)-1>0$ and assume that $\varepsilon_{N}^{2} \geq c N^{\delta-\kappa}$ for some $\delta>0$. Then there exists coupling $\mathbb{Q}$ of $\mathcal{V}_{N}^{u}$ with $\mathcal{V}^{u\left(1 \pm \varepsilon_{N}\right)}$ such that for every $N$ large enough

$$
\begin{equation*}
\mathbb{Q}\left[\left(\mathcal{V}^{u\left(1-\varepsilon_{N}\right)} \cap B_{N}\right) \supset\left(\mathcal{V}_{N}^{u} \cap B_{N}\right) \supset\left(\mathcal{V}^{u\left(1+\varepsilon_{N}\right)} \cap B_{N}\right)\right] \geq 1-C_{1} e^{-C_{2} N^{\delta^{\prime}}} \tag{4.4}
\end{equation*}
$$

for some constants $\delta^{\prime}>0$, and $C_{1}, C_{2} \in(0, \infty)$ depending on $u, \delta, \gamma$ and $\alpha$.
Theorem 4.1 will be proved with help of Theorem 3.2. To this end we now introduce relevant Markov chains which will be coupled together later.

The first Markov chain encodes the excursions of the random walk on the torus into the rounded box $B$. More precisely, let $R_{i}, D_{i}$ be the successive excursion times between $B$
and $\Delta$ of the random walk $X_{n}$ on $\mathbb{T}_{N}^{d}$ defined by $D_{0}=H_{\Delta}$ and for $i \geq 1$ inductively

$$
\begin{align*}
& R_{i}=H_{B} \circ \theta_{D_{i-1}}+D_{i-1}, \\
& D_{i}=H_{\Delta} \circ \theta_{R_{i}}+R_{i} . \tag{4.5}
\end{align*}
$$

We define the process $Y_{i}=\left(X_{R_{i}}, X_{D_{i}}\right) \in \partial B \times \partial \Delta=: \Sigma, i \geq 1$. By the strong Markov property of $X,\left(Y_{i}\right)_{i \geq 1}$ is a Markov chain on $\Sigma$ with transition probabilities

$$
\begin{equation*}
P\left[Y_{n+1}=\boldsymbol{y} \mid Y_{n}=\boldsymbol{x}\right]=P_{x_{2}}\left[X_{H_{B}}=y_{1}\right] P_{y_{1}}\left[X_{H_{\Delta}}=y_{2}\right], \tag{4.6}
\end{equation*}
$$

for every $\boldsymbol{x}=\left(x_{1}, x_{2}\right)$ and $\boldsymbol{y}=\left(y_{1}, y_{2}\right) \in \Sigma$, and with initial distribution

$$
\begin{equation*}
\nu_{Y}(\boldsymbol{x})=P\left[X_{R_{1}}=x_{1}, X_{D_{1}}=x_{2}\right]=P\left[X_{R_{1}}=x_{1}\right] P_{x_{1}}\left[X_{H_{\Delta}}=x_{2}\right] . \tag{4.7}
\end{equation*}
$$

The second Markov chain, encoding the behavior of the random interlacements in $B$, is defined similarly by considering separately the excursions of every random walk trajectory of random interlacements which enters $B$, cf. (2.6). Let $\left(X^{(i)}\right)_{i \geq 1}$ be a $P_{\bar{e}_{B}}^{\mathbb{Z}^{d}}$-distributed i.i.d. sequence, where $\bar{e}_{B}$ is the normalized equilibrium measure of $B$ introduced in 2.5). For every $i \geq 1$, set $R_{1}^{(i)}=0$ and define $D_{j}^{(i)}, R_{j}^{(i)}, j \geq 1$ analogously to 4.5 to be the successive departure and return times between $B$ and $\Delta$ of the random walk $X^{(i)}$. Set

$$
\begin{equation*}
T^{(i)}=\sup \left\{j: R_{j}^{(i)}<\infty\right\} \tag{4.8}
\end{equation*}
$$

to be the number of excursions of $X^{(i)}$ between $B$ and $\Delta$ which is a.s. finite. Finally, let $\left(Z_{k}\right)_{k \geq 1}$ be the sequence of the starting and ending points of these excursions,

$$
\begin{equation*}
Z_{k}=\left(X_{R_{j}^{(i)}}^{(i)}, X_{D_{j}^{(i)}}^{(i)}\right) \quad \text { for } i \geq 1 \text { and } 1 \leq j \leq T^{(i)} \text { given by } k=\sum_{n=1}^{i-1} T^{(n)}+j \tag{4.9}
\end{equation*}
$$

The strong Markov property for $X^{(i)}$ 's and their independence imply that $Z_{k}$ is a Markov chain on $\Sigma$ with transition probabilities

$$
\begin{align*}
& P\left[Z_{n+1}=\boldsymbol{y} \mid Z_{n}=\boldsymbol{x}\right] \\
& \quad=\left(P_{x_{2}}^{\mathbb{Z}^{d}}\left[H_{B}<\infty, X_{H_{B}}=y_{1}\right]+P_{x_{2}}^{\mathbb{Z}^{d}}\left[H_{B}=\infty\right] \bar{e}_{B}\left(y_{1}\right)\right) P_{y_{1}}^{\mathbb{Z}^{d}}\left[X_{H_{\Delta}}=y_{2}\right] \tag{4.10}
\end{align*}
$$

for every $\boldsymbol{x}, \boldsymbol{y} \in \Sigma$, and with initial distribution

$$
\begin{equation*}
\nu_{Z}(\boldsymbol{x})=\bar{e}_{B}\left(x_{1}\right) P_{z_{1}}^{\mathbb{Z}^{d}}\left[X_{H_{\Delta}}=x_{2}\right] . \tag{4.11}
\end{equation*}
$$

To apply Theorem 3.2, we need to estimate all relevant quantities for the Markov chains $Y$ and $Z$. This is the content of the following four sections.

From now on, all constants c appearing in the text will possibly depend on the dimension d, and the constants $\alpha$ and $\gamma$ defined in 4.1).

## 5. Technical estimates

In this section we show several estimates on potential-theoretic quantities related to rounded boxes. Let $\bar{e}_{B}^{\Delta}$ be the normalized equilibrium measure on $B$ for the walk killed on $\Delta$,

$$
\begin{equation*}
\bar{e}_{B}^{\Delta}(x)=\frac{\mathbf{1}_{x \in \partial B}}{\operatorname{cap}_{\Delta}(B)} P_{x}\left[\tilde{H}_{B}>H_{\Delta}\right], \tag{5.1}
\end{equation*}
$$

where

$$
\begin{equation*}
\operatorname{cap}_{\Delta}(B)=\sum_{x \in \partial B} P_{x}\left[\tilde{H}_{B}>H_{\Delta}\right] \tag{5.2}
\end{equation*}
$$

is the associated capacity. We first show that $\bar{e}_{B}^{\Delta}$ is comparable with the uniform distribution on $\partial B$ and give the order of $\operatorname{cap}_{\Delta}(B)$.
Lemma 5.1. The is $c \in(0,1)$ such that

$$
\begin{equation*}
c N^{d-1-\gamma} \leq \operatorname{cap}_{\Delta}(B) \leq c^{-1} N^{d-1-\gamma} \tag{5.3}
\end{equation*}
$$

and for every $x \in \partial B$

$$
\begin{equation*}
c N^{1-d} \leq \bar{e}_{B}^{\Delta}(x) \leq c^{-1} N^{1-d} \tag{5.4}
\end{equation*}
$$

Proof. In view of (5.1), (5.2), to prove the lemma it is sufficient to show that uniformly in $x \in \partial B$,

$$
\begin{equation*}
c N^{-\gamma} \leq P_{x}\left[\tilde{H}_{B}>H_{\Delta}\right] \leq c^{-1} N^{-\gamma} . \tag{5.5}
\end{equation*}
$$

For the lower bound, let $\mathcal{H}_{x}$ be the $(d-1)$-dimensional hyperplane 'tangent' to $\partial B$ containing $x$, and let $\mathcal{H}_{x}^{\prime}$ be the hyperplane parallel to $\mathcal{H}_{x}$ tangent to $\partial \Delta$ (see Figure 22). Then

$$
\begin{equation*}
P_{x}\left[\tilde{H}_{B}>H_{\Delta}\right] \geq P_{x}\left[\tilde{H}_{\mathcal{H}_{x}}>H_{\mathcal{H}_{x}^{\prime}}\right] \geq c N^{-\gamma} \tag{5.6}
\end{equation*}
$$

where the last inequality follows from observing the projection of $X$ on the direction perpendicular to $\mathcal{H}_{x}$ and the usual martingale argument.


Figure 2. The planes $\mathcal{H}_{x}$ and $\mathcal{H}_{x}^{\prime}$ from the proof of Lemma 5.1.
The upper bound in (5.5) is proved similarly. We consider a ball $\mathcal{G}_{x}$ contained in $B$ with radius $\alpha N$ tangent to $\partial \bar{B}$ at $x$, and another ball $\mathcal{G}_{x}^{\prime}$ with radius $\alpha N+N^{\gamma}$ concentric with $\mathcal{G}_{x}$. Then

$$
\begin{equation*}
P_{x}\left[\tilde{H}_{B}>H_{\Delta}\right] \leq P_{x}\left[\tilde{H}_{\mathcal{G}_{x}}>H_{\mathcal{G}_{x}^{\prime}}\right] \leq c N^{-\gamma} \tag{5.7}
\end{equation*}
$$

using [Law91, Proposition 1.5.10] and the fact that $\alpha N \gg N^{\gamma}$. This completes the proof.

For the usual equilibrium measure we have similar estimates.
Lemma 5.2. There is a constant $c$ such that for every $x \in \partial B$

$$
\begin{equation*}
c N^{1-d} \leq \bar{e}_{B}(x) \leq c^{-1} N^{1-d} . \tag{5.8}
\end{equation*}
$$

and

$$
\begin{equation*}
\inf _{y \in \partial \Delta} P_{y}^{\mathbb{Z}^{d}}\left[H_{B}=\infty\right] \geq q_{\square} N^{\gamma-1} \tag{5.9}
\end{equation*}
$$

Proof. Since $\operatorname{cap}\left(B_{N}\right) \asymp N^{d-2}$ (see Law91, (2.16) p.53), in order to prove the lower bound in (5.8) we need to show that $P_{x}\left[\tilde{H}_{B}=\infty\right] \geq c N^{-1}$. This can be proved by similar
arguments as above. We fix the hyperplane $\mathcal{H}_{x}$ as previously, and let $\mathcal{H}_{x}^{\prime}$ be the hyperplane parallel to $\mathcal{H}_{x}$ at distance $N$. Then

$$
\begin{equation*}
P_{x}\left[\tilde{H}_{B}=\infty\right] \geq P_{x}\left[\tilde{H}_{\mathcal{H}_{x}}>H_{\mathcal{H}_{x}^{\prime}}\right] \cdot \inf _{y \in \mathcal{H}_{x}^{\prime}} P_{y}\left[H_{B}=\infty\right] . \tag{5.10}
\end{equation*}
$$

By the same reasoning as above, the first term is bounded from below by $c N^{-1}$ and the second term is of order constant, as follows easily from [Law91, Proposition 1.5.10] again.

To prove the upper bound of (5.8), we need to show that $P_{x}\left[\tilde{H}_{B}=\infty\right] \leq N^{-1}$. To this end fix $\mathcal{G}_{x}$ as in the previous proof. Then

$$
\begin{equation*}
P_{x}\left[\tilde{H}_{B}=\infty\right] \leq P_{x}\left[\tilde{H}_{\mathcal{G}_{x}}=\infty\right] \leq c N^{-1} \tag{5.11}
\end{equation*}
$$

by e.g. PT12, Lemma 7.5]
Finally, using the same notation as in (5.10), for $y \in \partial \Delta$,

$$
\begin{equation*}
P_{y}\left[H_{B}=\infty\right] \geq P_{y}\left[H_{\mathcal{H}_{x}}>H_{\mathcal{H}_{x}^{\prime}}\right] \inf _{y \in \mathcal{H}_{x}^{\prime}} P_{y}\left[H_{B}=\infty\right] . \tag{5.12}
\end{equation*}
$$

The first term is larger than $c N^{\gamma-1}$ by a martingale argument and the second is of order constant which proves (5.9) and completes the proof.

Finally, we control hitting probabilities of boundary points of $B$.
Lemma 5.3. There is a $c<\infty$ such that for every $x \in \partial \Delta$ and $y \in \partial B$

$$
\begin{align*}
P_{x}\left[X_{H_{B}}=y\right] & \leq c N^{-\gamma(d-1)},  \tag{5.13}\\
P_{x}^{\mathbb{Z}^{d}}\left[X_{H_{B}}=y\right] & \leq c N^{-\gamma(d-1)} . \tag{5.14}
\end{align*}
$$

In addition, for every $y \in \partial B$, there are at least $c^{-1} N^{\gamma(d-1)}$ points $x \in \partial \Delta$ such that

$$
\begin{align*}
& P_{x}\left[X_{H_{B}}=y\right] \geq c^{-1} N^{-\gamma(d-1)},  \tag{5.15}\\
& P_{x}^{\mathbb{Z}^{d}}\left[X_{H_{B}}=y\right] \leq c^{-1} N^{-\gamma(d-1)} . \tag{5.16}
\end{align*}
$$

Proof. The lower bounds (5.15), (5.16) follow directly from [PT12, Lemma 7.6(ii)] by taking $s=N^{\gamma}$. The upper bound (5.14) is a consequence of PT12, Lemma 7.6(i)].

Finally, to show (5.13), let $y_{1}, y_{2} \in \partial B$ be two points at distance smaller than $\delta N^{\gamma}$ for some sufficiently small $\gamma$. By [PT12, Proposition 7.7], there is a 'surface' $\hat{D}=\hat{D}\left(y_{1}, y_{2}\right)$ in $\mathbb{Z}^{d}$ separating $\left\{y_{1}, y_{2}\right\}$ from $x$ so that for every $z \in \hat{D} \backslash B$

$$
\begin{equation*}
c P_{z}\left[X_{H_{B}}=y_{1}\right] \leq P_{z}\left[X_{H_{B}}=y_{2}\right] \leq c^{-1} P_{z}\left[X_{H_{B}}=y_{1}\right] \tag{5.17}
\end{equation*}
$$

for some sufficiently small $c$ independent of $y_{1}, y_{2}$. Since every path in $\mathbb{T}_{N}^{d} \backslash B$ from $x$ to $\left\{y_{1}, y_{2}\right\}$ must pass through $\hat{D} \backslash B$, using the strong Markov property on $H_{\hat{D}}$, it follows that $z$ can be replaced by $x$ in 5.17). As consequence, for every $y \in \partial B$ there are at least $c\left(\delta N^{\gamma}\right)^{(d-1)}$ points $y^{\prime}$ on $\partial B$ with

$$
\begin{equation*}
P_{x}\left[X_{H_{B}}=y^{\prime}\right] \geq c P_{x}\left[X_{H_{B}}=y\right], \tag{5.18}
\end{equation*}
$$

from which (5.13) easily follows.

## 6. EQUILIBRIUM MEASURE

In this section we show that the equilibrium measures of the Markov chains $Y$ and $Z$ that we defined in Section 4 coincide as required by Theorem 3.2. This may sound surprising at first, since the periodic boundary conditions in the torus are felt in the exit probabilities of macroscopic boxes.

Lemma 6.1. Let $\pi$ be the probability measure on $\Sigma$ given by

$$
\begin{equation*}
\pi(\boldsymbol{x})=\bar{e}_{B}^{\Delta}\left(x_{1}\right) P_{x_{1}}\left[X_{H_{\Delta}}=x_{2}\right], \quad \boldsymbol{x}=\left(x_{1}, x_{2}\right) \in \Sigma \tag{6.1}
\end{equation*}
$$

Then $\pi$ is the invariant measure for both $Y$ and $Z$.
Proof. To see that $\pi$ is invariant for $Y$ consider the stationary random walk $\left(X_{i}\right)_{i \in \mathbb{Z}}$ (note the doubly infinite time indices) on $\mathbb{T}_{N}^{d}$. Let $\mathcal{R}$ be the set of 'returns to $B$ ' for this walk,

$$
\begin{equation*}
\mathcal{R}=\left\{n \in \mathbb{Z}: X_{n} \in B, \exists m<n, X_{m} \in \Delta,\left\{X_{m+1}, \ldots, X_{n-1}\right\} \subset(B \cup \Delta)^{c}\right\}, \tag{6.2}
\end{equation*}
$$

$\mathcal{D}$ the set of 'departures'

$$
\begin{equation*}
\mathcal{D}=\left\{n \in \mathbb{Z}: X_{n} \in \Delta, \exists m \in \mathcal{R}, m<n,\left\{X_{m}, \ldots, X_{n-1}\right\} \in \Delta^{c}\right\}, \tag{6.3}
\end{equation*}
$$

and write $\mathcal{R}=\left\{\bar{R}_{i}\right\}_{i \in \mathbb{Z}}, \mathcal{D}=\left\{\bar{D}_{i}\right\}_{i \in \mathbb{Z}}$ so that $\bar{R}_{i}<\bar{D}_{i}<\bar{R}_{i+1}, i \in \mathbb{Z}$, and

$$
\begin{equation*}
\bar{R}_{0}<\inf \left\{i \geq 0: X_{i} \in \Delta\right\}<\bar{R}_{1} . \tag{6.4}
\end{equation*}
$$

Observe that by this convention the sequence $\left(\bar{R}_{i}, \bar{D}_{i}\right)_{i \geq 1}$ agrees with $\left(R_{i}, D_{i}\right)_{i \geq 1}$ defined in (4.5). Remark also that $\bar{R}_{0}$ might be non-negative in general, but $\bar{R}_{-1}<0$.

Due to the stationarity and the reversibility of $X$, for every $\boldsymbol{x}=\left(x_{1}, x_{2}\right)$,

$$
\begin{align*}
P & {\left[n \in \mathcal{R}, X_{n}=x_{1}\right] } \\
& =P\left[X_{n}=x_{1}, \exists m<n, X_{m} \in \Delta,\left\{X_{m+1}, \ldots, X_{n-1}\right\} \subset(B \cup \Delta)^{c}\right]  \tag{6.5}\\
& =N^{-d} P_{x_{1}}\left[\tilde{H}_{B}>H_{\Delta}\right] .
\end{align*}
$$

By the ergodic theorem, the stationary measure $\pi_{Y}$ of $Y$ satisfies

$$
\begin{equation*}
\pi_{Y}\left(\left\{x_{1}\right\} \times \partial \Delta\right)=\lim _{k \rightarrow \infty} \frac{1}{k} \sum_{i=1}^{k} \mathbf{1}\left\{X_{R_{i}}=x_{1}\right\}=\lim _{m \rightarrow \infty} \frac{m^{-1} \sum_{n=1}^{m} \mathbf{1}\left\{n \in \mathcal{R}, X_{n}=x_{1}\right\}}{m^{-1} \sum_{n=1}^{m} \mathbf{1}\{n \in \mathcal{R}\}}, \tag{6.6}
\end{equation*}
$$

where we used the observation below (6.4) for the last equality. Applying the ergodic theorem for the numerator and denominator separately and using (6.5) yields

$$
\begin{equation*}
\pi_{Y}\left(\left\{x_{1}\right\} \times \partial \Delta\right)=\frac{P_{x_{1}}\left[\tilde{H}_{B}>H_{\Delta}\right]}{\sum_{y \in \partial B} P_{y}\left[\tilde{H}_{B}>H_{\Delta}\right]}=\bar{e}_{B}^{B}\left(x_{1}\right) . \tag{6.7}
\end{equation*}
$$

By the strong Markov property, $\pi_{Y}(\boldsymbol{x})=\pi_{Y}\left(\left\{x_{1}\right\} \times \partial \Delta\right) P_{x_{1}}\left[H_{\Delta}=x_{2}\right]$ and thus $\pi_{Y}=\pi$ as claimed.
We now consider the Markov chain $Z$. This chain is defined from the i.i.d. sequence of random walks $X^{(i)}$. Each of these random walks give rise to a random-length block of excursions distributed as $\left\{\left(X_{R_{i}^{(1)}}^{(1)}, X_{D_{i}^{(1)}}^{1}\right): i=1, \ldots, T^{(1)}\right\}$. The invariant measure $\pi_{Z}$ of $Z$ can thus be written as

$$
\begin{equation*}
\pi_{Z}(\boldsymbol{x})=\frac{1}{E_{\bar{Z}_{Z^{d}}} T^{(1)}} E_{\bar{E}_{B}^{d}}^{Z^{d}}\left[\sum_{i=1}^{T^{(1)}} \mathbf{1}_{X_{R_{2}^{(1)}}^{(1)}=x_{1}}\right] P_{x_{1}}\left[X_{H_{\Delta}}=x_{2}\right], \quad \boldsymbol{x}=\left(x_{1}, x_{2}\right) . \tag{6.8}
\end{equation*}
$$

To show that $\pi_{Z}=\pi$ it is thus sufficient to show that the middle term is proportional to $P_{x_{1}}\left[\tilde{H}_{B}>H_{\Delta}\right]$, since the first term will then be the correct normalizing factor.

To simplify the notation we write $X, T, R_{j}$ for $X^{(1)}, T^{(1)}, R_{j}^{(1)}$, and extend $X$ to a two-sided random walk on $\mathbb{Z}^{d}$ by requiring the law of $\left(X_{-i}\right)_{i \geq 0}$ to be $P_{X_{0}}^{\mathbb{Z}^{d}}\left[\cdot \mid \tilde{H}_{B}=\infty\right]$, conditionally independent of $\left(X_{i}\right)_{i \geq 0}$. We denote by $L=\sup \left\{n: X_{n} \in B\right\}$ the time of the last visit of $X$ to $B$. Then,

$$
\begin{align*}
& E_{\bar{e}_{B}}^{\mathbb{Z}_{B}}\left[\sum_{j=1}^{T} \mathbf{1}_{X_{R_{j}}=x_{1}}\right]=\sum_{y \in \partial B} \sum_{z \in \partial B} \bar{e}_{B}(y) E_{y}^{\mathbb{Z}^{d}}\left[\mathbf{1}_{X_{L}=z} \sum_{j=1}^{T} \mathbf{1}_{X_{R_{j}}=x_{1}}\right] \\
& =\sum_{y \in \partial B} \sum_{z \in \partial B} \sum_{n=0}^{\infty} \bar{e}_{B}(y) P_{y}^{\mathbb{Z}^{d}}\left[\begin{array}{l}
X_{n}=x_{1}, X_{L}=z, \\
\left.\exists m \in \mathbb{Z}: m<n, X_{m} \in \Delta,\left\{X_{m+1}, \ldots, X_{n-1}\right\} \subset(B \cup \Delta)^{c}\right] \text {. } . ~ . ~ . ~
\end{array}\right. \tag{6.9}
\end{align*}
$$

According to Szn12, Proposition 1.8], under $P_{\bar{e}_{B}}^{\mathbb{Z}^{d}}, X_{L}$ has also distribution $\bar{e}_{B}$. Hence, by reversibility, this equals

$$
\begin{align*}
& =\sum_{y \in \partial B} \sum_{z \in \partial B} \sum_{n=0}^{\infty} \bar{e}_{B}(z) P_{z}^{\mathbb{Z}^{d}}\left[\begin{array}{l}
X_{n}=x_{1}, X_{L}=y, \\
\exists m>n: X_{m} \in \Delta,\left\{X_{n+1}, \ldots, X_{m-1}\right\} \subset(B \cup \Delta)^{c}
\end{array}\right] \\
& =\sum_{z \in \partial B} \sum_{n=0}^{\infty} \bar{e}_{B}(z) P_{z}^{\mathbb{Z}^{d}}\left[\begin{array}{l}
X_{n}=x_{1}, \\
\exists m>n: X_{m} \in \Delta,\left\{X_{n+1}, \ldots, X_{m-1}\right\} \subset(B \cup \Delta)^{c}
\end{array}\right]  \tag{6.10}\\
& =\sum_{z \in \partial B} \sum_{n=0}^{\infty} \bar{e}_{B}(z) P_{z}^{\mathbb{Z}^{d}}\left[X_{n}=x_{1}\right] P_{x_{1}}\left[\tilde{H}_{B}>H_{\Delta}\right] .
\end{align*}
$$

Introducing the Green function $g(x, y)=\sum_{n=0}^{\infty} P_{x}^{\mathbb{Z}^{d}}\left[X_{n}=y\right]$ and using the identity $\sum_{z} e_{B}(z) g(z, x)=1$ (see [Szn12, Proposition 1.8]), this equals to

$$
\begin{equation*}
=\sum_{z \in \partial B} \bar{e}_{B}(z) g\left(z, x_{1}\right) P_{x_{1}}\left[\tilde{H}_{B}>H_{\Delta}\right]=P_{x_{1}}\left[\tilde{H}_{B}>H_{\Delta}\right] / \operatorname{cap}(B) . \tag{6.11}
\end{equation*}
$$

This shows the required proportionality and completes the proof of the lemma.
We will need the following estimate on the measure $\pi$.
Lemma 6.2. For every $y \in \partial \Delta$

$$
\begin{equation*}
\pi(\partial B \times\{y\}) \leq C N^{1-d} \tag{6.12}
\end{equation*}
$$

Proof. By similar arguments as in the proof of Lemma 6.1, using the same notation,

$$
\begin{align*}
P\left[n \in \mathcal{D}, X_{n}=y\right] & =P\left[X_{n}=y, \exists m<n, X_{m} \in B,\left\{X_{m+1}, \ldots, X_{n-1}\right\} \in(B \cup \Delta)^{c}\right] \\
& =N^{-d} P_{y}\left[\tilde{H}_{\Delta}>H_{B}\right]  \tag{6.13}\\
& \leq c N^{-d-\gamma},
\end{align*}
$$

since, by the same argument as in the proof of Lemma 5.1, $P_{y}\left[\tilde{H}_{\Delta}>H_{B}\right] \leq c N^{-\gamma}$. Further,

$$
\begin{equation*}
P(n \in \mathcal{D})=P(n \in \mathcal{R})=\sum_{x \in \partial B} N^{-d} P_{x}\left[\tilde{H}_{B}>H_{\Delta}\right] \asymp c N^{-\gamma-1}, \tag{6.14}
\end{equation*}
$$

by the estimates in the proof of Lemma 5.1 again. Therefore,

$$
\begin{equation*}
\pi(\partial B \times\{y\})=P\left[X_{n}=y \mid n \in \mathcal{D}\right] \leq c N^{1-d} \tag{6.15}
\end{equation*}
$$

and the proof is completed.

## 7. Mixing times

The next ingredient of Theorem 3.2 are the mixing times $T_{Y}$ and $T_{Z}$ of the Markov chains $Y$ and $Z$. They are estimated in the following lemma.

Lemma 7.1. There is a constant $c$ such that

$$
\begin{align*}
& T_{Z} \leq c N^{1-\gamma}  \tag{7.1}\\
& T_{Y} \leq c N^{1-\gamma} \tag{7.2}
\end{align*}
$$

Proof. To bound the mixing times we use repeatedly the following lemma which can be found e.g. in [LPW09, Corollary 5.3].
Lemma 7.2. Let $\left(\mathcal{X}_{i}\right)_{i \geq 0}$ be an arbitrary Markov chain on a finite state space $\Sigma$. Assume that for every $x, y \in \Sigma$ there exist a coupling $Q_{x, y}$ of two copies $\mathcal{X}, \mathcal{X}^{\prime}$ of $\mathcal{X}$ starting respectively from $x$ and $y$, such that

$$
\begin{equation*}
\max _{x, y \in \Sigma} Q_{x, y}\left[\mathcal{X}_{n} \neq \mathcal{X}_{n}^{\prime}\right] \leq 1 / 4 \tag{7.3}
\end{equation*}
$$

Then $T_{\mathcal{X}} \leq n$.
To show (7.1), we thus consider two copies $Z_{i}, Z_{i}^{\prime}$ of the chain $Z$ starting respectively in $\boldsymbol{x}, \boldsymbol{x}^{\prime} \in \Sigma$ and define the coupling $Q_{\boldsymbol{x}, \boldsymbol{x}^{\prime}}$ between them as follows. Let $\left(\xi_{i}\right)_{i \geq 0}$ be a sequence of i.i.d. Bernoulli random variables with $P\left[\xi_{i}=1\right]=q_{0} N^{\gamma-1}:=p_{N}$ where the constant $q_{0}$ is as in (5.9). Given $Z_{i}=\boldsymbol{x}_{i}, Z_{i}^{\prime}=\boldsymbol{x}_{i}^{\prime}$, and given $\xi_{i}=1$ we choose $Z_{i+1}=Z_{i+1}^{\prime}$ distributed as $\nu(\boldsymbol{x})=\bar{e}_{B}\left(x_{1}\right) P_{x_{1}}\left[X_{H_{\Delta}}=x_{2}\right]$. On the other hand, when $\xi_{i}=0$, we choose $Z_{i+1}$ and $Z_{i+1}^{\prime}$ independently with respective distributions $\mu_{\boldsymbol{x}_{i}}$ and $\mu_{\boldsymbol{x}_{i}^{\prime}}$ where (cf. 4.10)

$$
\begin{equation*}
\mu_{\boldsymbol{x}}(\boldsymbol{y})=\left\{P_{x_{2}}^{\mathbb{Z}^{d}}\left[H_{B}<\infty, X_{H_{B}}=y_{1}\right]+\left(P_{x_{2}}^{\mathbb{Z}^{d}}\left[H_{B}=\infty\right]-p_{N}\right) \bar{e}_{B}\left(y_{1}\right)\right\} \frac{P_{y_{1}}^{\mathbb{Z}^{d}}\left[X_{H_{\Delta}}=y_{2}\right]}{1-p_{N}} \tag{7.4}
\end{equation*}
$$

The bound (5.9) ensures that this is a well-defined probability distribution. If $Z_{i}=Z_{i}^{\prime}$ for some $i$, then we let them move together, $Z_{j}=Z_{j}^{\prime}$ for all $j \geq i$.

It follows that

$$
\begin{equation*}
\max _{\boldsymbol{x}, \boldsymbol{x}^{\prime}} Q_{\boldsymbol{x}, \boldsymbol{x}^{\prime}}\left[Z_{i} \neq Z_{i^{\prime}}\right] \leq \mathbb{P}\left[\xi_{j}=0 \forall j<i\right]=\left(1-p_{N}\right)^{j} \tag{7.5}
\end{equation*}
$$

Choosing now $j=c N^{1-\gamma}$ with $c$ sufficiently large and using Lemma 7.2 yields 7.1).
To show (7.2), let $G=G_{N}=\left\{x \in B_{N}: \operatorname{dist}\left(x, \partial B_{N}\right) \geq \alpha N / 2\right\}$. Intuitively, the excursions of the random walk into $G$ will play the same role as the 'excursions of the random interlacements to infinity' played in the proof of (7.1). We need two technical claims

Claim 7.3. For some constant $c_{1}>0$ and all $N$ large,

$$
\begin{equation*}
\inf _{x \in \partial B} P_{x}\left[H_{G}<H_{\Delta}\right] \geq c_{1} N^{\gamma-1} \tag{7.6}
\end{equation*}
$$

Proof. Similarly as in Section 5, let $\mathcal{G}_{x}$ be the ball with radius $\alpha N$ contained in $B$ tangent to $\partial B$ at $x$, and let $\mathcal{G}_{x}^{1}, \mathcal{G}_{x}^{2}$ be the balls concentric with $\mathcal{G}_{x}$ with radius $\alpha N / 2$ and $\alpha N+N^{\gamma}$ respectively. Then $\mathcal{G}_{x}^{2} \subset \mathbb{T}_{N}^{d} \backslash \Delta$, and $\mathcal{G}_{x}^{1} \subset G$. Hence, using again Law91, Proposition 1.5.10],

$$
\begin{equation*}
P_{x}\left[H_{G}<H_{\Delta}\right] \geq P_{x}\left[H_{\mathcal{G}_{x}^{1}}<H_{\mathcal{G}_{x}^{2}}\right] \geq c N^{1-\gamma} \tag{7.7}
\end{equation*}
$$

which shows the claim.

Claim 7.4. For some $c_{2}<\infty$ and all $N$ large,

$$
\begin{equation*}
\sup _{x \in \partial G} P_{x}\left[X_{H_{\Delta}}=y\right] \leq c_{2} \inf _{x \in \partial G} P_{x}\left[X_{H_{\Delta}}=y\right] \quad \text { for all } y \in \partial \Delta . \tag{7.8}
\end{equation*}
$$

Proof. For every $y \in \partial \Delta$, the function $x \mapsto P_{x}\left[X_{H_{\Delta}}=y\right]$ is harmonic on $\mathbb{T}_{N}^{d} \backslash \Delta$. The claim then follows by Harnack principle, see e.g. [Law91, Theorem 1.7.6].

We continue the proof of (7.2). For $x \in \partial B$, let $\nu_{x}(\cdot)=P_{x}\left[X_{H_{G \cup \Delta}} \in \cdot\right]$. By Claim 7.3. $\nu_{x}(\partial G) \geq c_{1} N^{\gamma-1}$, so we can find a sub-probability $\nu_{x}^{\circ}$ on $\partial G$ such that $\nu_{x}^{\circ}(\partial G)=c_{1} N^{\gamma-1}$ and $\nu_{x}^{\circ} \leq \nu_{x}$. For any $x \in \mathbb{T}_{N}^{d}$, let $\mu_{x}(\cdot)=P_{x}\left[X_{H_{\Delta}} \in \cdot\right]$, and let $\mu$ be the sub-probability on $\partial \Delta$ given by $\mu(y)=\inf _{x \in \partial G} \mu_{x}(y)$. It follows from Claim 7.4 that $\mu(\partial \Delta) \geq c_{2}^{-1}$. For any non-trivial sub-probability measure $\kappa$, we denote by $\bar{\kappa}$ the probability measure obtained by normalizing $\kappa$.

We an now construct the coupling required for the application of Lemma 7.2, Let $\boldsymbol{x}(0), \boldsymbol{x}^{\prime}(0) \in \Sigma$ and define the coupling $Q_{\boldsymbol{x}, \boldsymbol{x}^{\prime}}$ of two copies $Y, Y^{\prime}$ of $Y$ as follows. Let $Y_{0}=\boldsymbol{x}, Y_{0}^{\prime}=\boldsymbol{x}^{\prime}$, and let $\left(\xi_{i}\right)_{i \geq 0},\left(\tilde{\xi}_{i}\right)_{i \geq 0}$ be two independent sequences of i.i.d. Bernoulli random variables with $P\left[\xi_{i}=1\right]=c_{1} N^{\gamma-1}$ and $P\left[\tilde{\xi}_{i}=1\right]=\mu(\partial \Delta)$. Now continue inductively through the following steps
(1) Given $Y_{k-1}=\left(Y_{k-1,1}, Y_{k-1,2}\right)$ and $Y_{k-1}^{\prime}=\left(Y_{k-1,1}^{\prime}, Y_{k-1,2}^{\prime}\right), k \geq 1$, choose $Y_{k, 1}$, resp. $Y_{k, 1}^{\prime}$, independently from $P_{Y_{k-1,2}}\left[X_{H_{B}} \in \cdot\right]$, resp. $P_{Y_{k-1,2}^{\prime}}\left[X_{H_{B}} \in \cdot\right]$.
(2) If $\xi_{k}=0$, choose $U_{k}$ according to $\overline{\nu_{Y_{k, 1}}-\nu_{Y_{k, 1}}^{\circ}}$, then $Y_{k, 2}$ according to $\mu_{U_{k}}$, and analogously $U_{k}^{\prime}$ according to $\overline{\nu_{Y_{k, 1}^{\prime}}^{\prime}-\nu_{Y_{k, 1}^{\prime}}^{\circ}}$ and then $Y_{k, 2}^{\prime}$ according to $\mu_{U_{k}^{\prime}}$, independently.
(3) Otherwise, if $\xi_{k}=1$, choose $U_{k}$ according to $\overline{\nu_{Y_{k, 1}}^{\circ}}$, and $U_{k}^{\prime}$ according to $\overline{\nu_{Y_{k, 1}^{\prime}}^{\circ}}$, independently. If, in addition $\tilde{\xi}_{k}=1$, choose $Y_{k, 2}=Y_{k, 2}^{\prime}$ according to $\bar{\mu}$. Otherwise, if $\tilde{\xi}_{k}=0$, choose $Y_{k, 2}$ according to $\overline{\mu_{U_{k}}-\mu}$, and $Y_{k, 2}^{\prime}$ according to $\overline{\mu_{U_{k}^{\prime}}-\mu}$, independently.
(4) Finally, if for some $k, Y_{k, 2}=Y_{k, 2}^{\prime}$, let $Y$ and $Y^{\prime}$ follow the same trajectory after $k$.

It can be checked easily that these steps construct two copies of $Y$ started from $\boldsymbol{x}$ and $\boldsymbol{x}^{\prime}$ respectively. Moreover,

$$
\begin{equation*}
Q_{\boldsymbol{x}, \boldsymbol{x}^{\prime}}\left[Y_{k} \neq Y_{k}^{\prime}\right] \leq \mathbb{P}\left[\xi_{i} \tilde{\xi}_{i}=0 \forall i<k\right]=\left(1-c_{1} N^{\gamma-1} \mu(\partial \Delta)\right)^{k-1} . \tag{7.9}
\end{equation*}
$$

Observing that $\mu(\partial \Delta) \geq c_{2}^{-1},(7.2)$ follows by taking $k=c N^{1-\gamma}$ with $c$ large enough and using Lemma 7.2 .

## 8. Variance estimate

We continue to estimate the ingredients for the application of Theorem 3.2. Due to the form of the equilibrium measure $\pi$ introduced in (6.1), it is suitable to fix the base measure $\mu$ on $\Sigma$ as

$$
\begin{equation*}
\mu(\boldsymbol{x})=P_{x_{1}}\left[X_{H_{\Delta}}=x_{2}\right], \quad \boldsymbol{x}=\left(x_{1}, x_{2}\right) \in \Sigma . \tag{8.1}
\end{equation*}
$$

Then (cf. (3.3),(3.4) for the notation)

$$
\begin{align*}
g(\boldsymbol{x}) & =\bar{e}_{B}^{\Delta}\left(x_{1}\right),  \tag{8.2}\\
\rho^{Y}(\boldsymbol{x}, \boldsymbol{y}) & =P_{x_{2}}\left[X_{H_{B}}=y_{1}\right]=: \tilde{\rho}^{Y}\left(x_{2}, y_{1}\right)  \tag{8.3}\\
\rho^{Z}(\boldsymbol{x}, \boldsymbol{y}) & =P_{x_{2}}^{\mathbb{Z}^{d}}\left[X_{H_{B}}=y_{1}\right]+P_{x_{2}}^{\mathbb{Z}^{d}}\left[H_{B}=\infty\right] \bar{e}_{B}\left(y_{1}\right)=: \tilde{\rho}^{Z}\left(x_{2}, y_{1}\right) . \tag{8.4}
\end{align*}
$$

Recall that $\rho_{\boldsymbol{x}}^{\circ}$ denotes the function $\boldsymbol{y} \mapsto \rho^{\circ}(\boldsymbol{y}, \boldsymbol{x})$; we use $\circ$ to stand for either $Y$ or $Z$.

Lemma 8.1. There exist constants $c, C \in(0, \infty)$ such that and for every $\boldsymbol{x} \in \Sigma$

$$
\begin{equation*}
c N^{1-d} N^{-\gamma(d-1)} \leq \operatorname{Var}_{\pi} \rho_{x}^{\circ} \leq C N^{1-d} N^{-\gamma(d-1)} \tag{8.5}
\end{equation*}
$$

Proof. An easy computation yields, using Lemma 6.2 for the last inequality,

$$
\begin{align*}
\operatorname{Var}_{\pi} \rho_{\boldsymbol{x}}^{\circ} & \leq \sum_{\boldsymbol{x}^{\prime} \in \Sigma} \pi\left(\boldsymbol{x}^{\prime}\right) \rho^{\circ}\left(\boldsymbol{x}^{\prime}, \boldsymbol{x}\right)^{2} \\
& =\sum_{x_{2}^{\prime} \in \partial \Delta} \pi\left(\partial B \times\left\{x_{2}^{\prime}\right\}\right) \tilde{\rho}^{\circ}\left(x_{2}^{\prime}, x_{1}\right)^{2}  \tag{8.6}\\
& \leq C N^{1-d} \sum_{x_{2}^{\prime} \in \partial \Delta} \tilde{\rho}^{\circ}\left(x_{2}^{\prime}, x_{1}\right)^{2}
\end{align*}
$$

Using Lemmas 5.2, 5.3 in (8.3) and (8.4), we obtain that

$$
\begin{equation*}
\max _{x \in \partial B, y \in \partial \Delta} \tilde{\rho}^{\circ}(y, x) \leq c N^{-\gamma(d-1)} \tag{8.7}
\end{equation*}
$$

for both chains $\circ \in\{Y, Z\}$. Therefore

$$
\begin{equation*}
\operatorname{Var}_{\pi} \rho_{x}^{\circ} \leq C N^{1-d} \sup \left\{\sum_{z \in \partial B} h^{2}(z): h: \partial B \rightarrow\left[0, c N^{-\gamma(d-1)}\right], \sum_{z \in \partial B} h(z)=1\right\} . \tag{8.8}
\end{equation*}
$$

The supremum is achieved by a function $h$ that takes the maximal value $c N^{-\gamma(d-1)}$ for as many points as it can, by a convexity argument. Hence,

$$
\begin{equation*}
\operatorname{Var}_{\pi} \rho_{x}^{\circ} \leq C N^{1-d} N^{\gamma(d-1)}\left(N^{-\gamma(d-1)}\right)^{2} \tag{8.9}
\end{equation*}
$$

and the upper bound follows.
Finally, by Lemma 5.3 and (8.3), 8.4), for every $x \in \partial B$ there are at least $c N^{\gamma(d-1)}$ points $y \in \partial \Delta$ such that $\tilde{\rho}^{\circ}(y, x) \geq c^{\prime} N^{-\gamma(d-1)}$. Hence, $\pi\left(\left(\rho_{\boldsymbol{x}}^{\circ}\right)^{2}\right)$ is larger than the lefthand side of (8.5). Moreover, since $\pi$ is invariant for both Markov chains, it follows that $\pi\left(\rho_{x}^{\circ}\right)^{2}=g(x)^{2} \asymp N^{2(1-d)}$, by Lemma 5.1. Combining the last two claims, the lower bound follows.

## 9. Number of excursions

The final ingredient needed for Theorem 3.2 is an estimate on the number of excursion that the random walk typically makes before the time $u N^{d}$, as well as on the corresponding quantity for the random interlacements at level $u$.

Consider first the random walk on the torus. Define

$$
\begin{equation*}
\mathcal{N}(t)=\sup \left\{i: R_{i}<t\right\} \tag{9.1}
\end{equation*}
$$

to be the number of excursions starting before $t$. We show that $\mathcal{N}(t)$ concentrates around its expectation.

Proposition 9.1. Let $u>0$ be fixed. There exist constants $c, C$ depending only on $\gamma$ and $\alpha$ such that for every $N \geq 1$

$$
\begin{equation*}
P\left[\left|\mathcal{N}\left(u N^{d}\right)-u \operatorname{cap}_{\Delta}(B)\right|>\eta \operatorname{cap}_{\Delta}(B)\right] \leq C \exp \left\{-c \eta^{2} N^{c}\right\} \tag{9.2}
\end{equation*}
$$

Proof. To prove the proposition we first compute the expectation of $\mathcal{N}(t)$.

Lemma 9.2. For every $t \in \mathbb{N}$,

$$
\begin{equation*}
\left|E \mathcal{N}(t)-t N^{-d} \operatorname{cap}_{\Delta}(B)\right| \leq 1 \tag{9.3}
\end{equation*}
$$

Moreover, when starting from $\bar{e}_{B}^{\Delta}$, the stationary measure for $R_{i}$ 's, we have

$$
\begin{equation*}
E_{\bar{e}_{B}^{\Delta}}\left(R_{1}\right)=\frac{N^{d}}{\operatorname{cap}_{\Delta}(B)} \tag{9.4}
\end{equation*}
$$

Proof. Recall from the proof of Lemma 6.1 that $\left(\bar{R}_{i}, \bar{D}_{i}\right)$ denote the returns and departures of the stationary random walk $\left(X_{n}\right)_{n \in \mathbb{Z}}$. Let $\overline{\mathcal{N}}(t)=\sup \left\{i: \bar{R}_{i}<t\right\}$. By the observation below (6.4), $|\overline{\mathcal{N}}(t)-\mathcal{N}(t)| \leq 1$. It is thus sufficient to show that $E \overline{\mathcal{N}}(t)=t N^{-d} \operatorname{cap}_{\Delta}(B)$. To this end recall equality (6.5). Summing it over $x_{1} \in \partial B$, we obtain

$$
\begin{equation*}
P\left[k=\bar{R}_{j} \text { for some } j\right]=N^{-d} \operatorname{cap}_{\Delta}(B), \quad k \geq 0 \tag{9.5}
\end{equation*}
$$

The required claim follows by summation over $0 \leq k<t$.
The second claim of the lemma is a consequence of the first claim, the fact that every $X_{R_{k}}$ is $\bar{e}_{B}^{\Delta}$-distributed at stationarity, and the ergodic theorem.

We proceed with proving Propositions 9.1. It is more convenient to show a concentration result for the return times $R_{i}$ instead of $\mathcal{\mathcal { N }}(t)$. Observing that for any $t>0$ and $b>0$,

$$
\begin{equation*}
\{|\mathcal{N}(t)-E(\mathcal{N}(t))|>b\} \subseteq\left\{R_{\lceil E(\mathcal{N}(t))-b\rceil}>t\right\} \cup\left\{R_{\lfloor E(\mathcal{N}(t))+b\rfloor}>t\right\} \tag{9.6}
\end{equation*}
$$

we obtain easily that

$$
\begin{equation*}
P\left[\left|\mathcal{N}\left(u N^{d}\right)-u \operatorname{cap}_{\Delta}(B)\right|>\eta \operatorname{cap}_{\Delta}(B)\right] \leq P\left[R_{k_{-}}>u N^{d}\right]+P\left[R_{k_{+}}<u N^{d}\right], \tag{9.7}
\end{equation*}
$$

where $k_{-}=\left\lceil(u-\eta) \operatorname{cap}_{\Delta}(B)\right\rceil$ and $k_{+}=\left\lfloor(u+\eta) \operatorname{cap}_{\Delta}(B)\right\rfloor$.
Let $\varepsilon>0$ be a small constant that will be fixed later, and set $\ell=\left\lfloor N^{\varepsilon} T_{Y}\right\rfloor$, where $T_{Y}$ stands for the mixing time of the chain $Y$ estimated in (7.2). In order to estimate the right-hand side of (9.7), we study the typical size of $R_{m_{ \pm} \ell}$ where

$$
\begin{equation*}
m_{-}=\left\lceil\ell^{-1}(u-\eta) \operatorname{cap}_{\Delta}(B)\right\rceil \quad \text { and } \quad m_{+}=\left\lfloor\ell^{-1}(u+\eta) \operatorname{cap}_{\Delta}(B)\right\rfloor . \tag{9.8}
\end{equation*}
$$

From Lemma 5.1 and (7.2), it follows that

$$
\begin{equation*}
m_{ \pm} \geq c N^{d-2-\varepsilon} . \tag{9.9}
\end{equation*}
$$

Let $\mathcal{G}_{i}=\sigma\left(X_{i}: i \leq R_{i \ell}\right)$. Using the standard properties of the mixing time (see e.g. [LPW09, Section 4.5]) and the strong Markov property, it is easy to see that

$$
\begin{equation*}
\left\|P\left[\left(X_{R_{i \ell}}, X_{D_{i \ell}}\right) \in \cdot \mid \mathcal{G}_{i-1}\right]-\pi(\cdot)\right\|_{T V} \leq 2^{-N^{\varepsilon}} \tag{9.10}
\end{equation*}
$$

By Lemma 5.1, $\pi(\{y\} \times \partial \Delta)=\bar{e}_{B}^{\Delta}(y) \asymp N^{1-d}$ uniformly in $y \in \partial B$, and thus

$$
\begin{equation*}
\left|\frac{P\left[X_{R_{i \ell}}=y \mid \mathcal{G}_{i-1}\right]}{\bar{e}_{B}^{\Delta}(y)}-1\right| \leq c 2^{-N^{\varepsilon / 2}}, \quad i \geq 1 \tag{9.11}
\end{equation*}
$$

For $m$ standing for $m_{+}$or $m_{-}$, we write

$$
\begin{equation*}
R_{m \ell}=\sum_{j=1}^{m} Z_{j}, \text { where } Z_{j}=R_{j \ell}-R_{(j-1) \ell} \text { and } R_{0}:=0 \tag{9.12}
\end{equation*}
$$

For every $j \geq 2$, by (9.11),

$$
\begin{equation*}
P\left[Z_{j}>t \mid \mathcal{G}_{j-2}\right] \leq\left(1+c 2^{-N^{\varepsilon / 2}}\right) P_{17}\left[R_{\overline{e_{B}^{B}}}\left[R_{\ell}>t\right] \leq 2 \ell P_{\bar{e}_{\vec{B}}^{\Delta}}\left[R_{1}>t / \ell\right] .\right. \tag{9.13}
\end{equation*}
$$

By the invariance principle $P\left[R_{1}>N^{2}\right] \leq c<1$. Using this and Markov property iteratively yields $P\left[R_{1}>N^{2+\delta}\right] \leq e^{-c N^{\delta}}$ for any $\delta>0$, and thus

$$
\begin{equation*}
P\left[Z_{j}>\ell N^{2+\delta} \mid \mathcal{G}_{j-2}\right] \leq 2 \ell P_{\bar{e}_{B}^{\Delta}}\left[R_{1}>N^{2+\delta}\right] \leq c \exp \left\{-N^{c^{\prime} \delta}\right\} . \tag{9.14}
\end{equation*}
$$

Analogous reasoning proves also that

$$
\begin{equation*}
P\left[Z_{1} \geq \ell N^{2+\delta}\right] \leq c \exp \left\{-N^{c^{\prime} \delta}\right\} \tag{9.15}
\end{equation*}
$$

Observe also that for $j \geq 2$, by (9.11) again,

$$
\begin{equation*}
\left|E\left[Z_{j}\right]-E\left[Z_{j} \mid \mathcal{G}_{j-1}\right]\right| \leq c 2^{-N^{\varepsilon / 2}} E\left(Z_{j}\right) \tag{9.16}
\end{equation*}
$$

Hence,

$$
\begin{align*}
& P\left[\left|R_{m \ell}-E\left(R_{m \ell}\right)\right|>\eta E\left(R_{m \ell}\right)\right]=P\left[\left|\sum_{j=1}^{m}\left(Z_{j}-E\left[Z_{j}\right]\right)\right|>\eta E\left(R_{m \ell}\right)\right] \\
& \leq P\left[Z_{1} \geq \eta E\left(R_{m \ell}\right) / 4\right]+\sum_{n \in\{0,1\}} P\left[\left|\sum_{\substack{1 \leq j \leq m \\
j \bmod 2=n}}\left(Z_{j}-E\left[Z_{j} \mid \mathcal{G}_{j-2}\right]\right)\right|>\eta E\left(R_{m \ell}\right) / 4\right] . \tag{9.17}
\end{align*}
$$

Setting $\hat{Z}_{j}=Z_{j} \wedge \ell N^{2+\delta}$, which by (9.14) satisfies

$$
\begin{equation*}
\left|E\left[\hat{Z}_{j} \mid \mathcal{G}_{j-2}\right]-E\left[Z_{j} \mid \mathcal{G}_{j-2}\right]\right|=\int_{\ell N^{2+\delta}}^{\infty} P\left[Z_{j}>t \mid \mathcal{G}_{j-2}\right] d t \leq c \exp \left\{-N^{c^{\prime} \delta}\right\} \tag{9.18}
\end{equation*}
$$

the right-hand side of 9.17) can be bounded by

$$
\begin{equation*}
\leq c m \exp \left\{-N^{c^{\prime} \delta}\right\}+\sum_{n \in 0,1} P\left[\left|\sum_{\substack{1 \leq j \leq m \\ j=n \bmod 2}}\left(\hat{Z}_{j}-E\left[\hat{Z}_{j} \mid \mathcal{G}_{j-2}\right]\right)\right|>\eta E\left(R_{m \ell}\right) / 4\right] . \tag{9.19}
\end{equation*}
$$

Azuma's inequality together with $E\left[R_{m \ell}\right] \asymp N^{d}$, (9.8), (9.9), and Lemma 5.1 then yield

$$
\begin{align*}
& \leq c m \exp \left\{-N^{c^{\prime} \delta}\right\}+4 \exp \left\{-\frac{2 c\left(\eta E\left(R_{m \ell}\right)\right)^{2}}{m\left(\ell N^{2+\delta}\right)^{2}}\right\} \\
& \leq c m \exp \left\{-N^{c^{\prime} \delta}\right\}+4 \exp \left\{-c \eta^{2} \frac{m N^{2 d-4-2 \delta}}{\operatorname{cap}_{\Delta}(B)^{2}}\right\}  \tag{9.20}\\
& \leq c m \exp \left\{-N^{c^{\prime} \delta}\right\}+4 \exp \left\{-c \eta^{2} N^{d-4+2 \gamma-\varepsilon-2 \delta}\right\}
\end{align*}
$$

For every $d \geq 3$ and $\gamma$ as in (4.1), it is possible to fix $\delta$ and $\varepsilon$ sufficiently small so that the exponent of $N$ on the right-hand side of the last display is positive. Therefore the above decays at least as $C \exp \left\{-c \eta^{2} N^{c}\right\}$ as $N$ tends to infinity, finishing the proof of the proposition.

We now count the number of excursions of random interlacements at level $u$ into $B$. Let $J_{u}^{N}$ be the Poisson process with intensity $\operatorname{cap}\left(B_{N}\right)$ driving the excursions of random interlacements to $B_{N}$, cf. (2.6). From Section 4, recall the definition (4.8) of random variables $T^{(i)}$ giving the number of excursions of $i$-th random walk between $B$ and $\Delta$. Given those, denote by $\mathcal{N}^{\prime}(u)$ the number of steps of Markov chain $Z$ corresponding to the level $u$ of random interlacements,

$$
\begin{equation*}
\mathcal{N}^{\prime}(u)=\sum_{i=1}^{J_{u}^{N}} T^{(i)} \tag{9.21}
\end{equation*}
$$

Proposition 9.3. There exist constants $c, C$ depending only on $\gamma$ and $u$ such that for every $u>0$

$$
\begin{equation*}
P\left[\left|\mathcal{N}^{\prime}(u)-u \operatorname{cap}_{\Delta}(B)\right| \geq \eta u \operatorname{cap}_{\Delta}(B)\right] \leq C \exp \left\{-c \eta^{2} N^{c}\right\} \tag{9.22}
\end{equation*}
$$

Proof. By definition of random interlacements, $J_{u}^{N}$ is a Poisson random variable with parameter $u \operatorname{cap}(B) \asymp u N^{d-2}$, and thus, by Chernov estimate,

$$
\begin{equation*}
P\left[\left|J_{u}^{N}-u \operatorname{cap}(B)\right| \geq \eta u \operatorname{cap}(B)\right] \leq C \exp \left\{-c \eta^{2} N^{d-2}\right\} \tag{9.23}
\end{equation*}
$$

The random variables $T^{(i)}$ are i.i.d. and stochastically dominated by the geometric distribution with parameter $\inf _{y \in \partial \Delta} P_{y}^{\mathbb{Z}^{d}}\left[H_{B}=\infty\right] \asymp N^{\gamma-1}$, by Lemma 5.2. Moreover, by summing (6.9)-(6.11) over $x_{1} \in \partial B$ we obtain

$$
\begin{equation*}
E_{\bar{e}_{B}}^{\mathbb{Z}^{d}} T^{(i)}=\frac{\operatorname{cap}_{\Delta}(B)}{\operatorname{cap}(B)} . \tag{9.24}
\end{equation*}
$$

Applying Chernov bound again for $v=\left(1 \pm \frac{\eta}{2}\right) u \operatorname{cap}(B)$,

$$
\begin{equation*}
P\left[\left|\sum_{i=1}^{v} T^{(i)}-\frac{v \operatorname{cap}_{\Delta}(B)}{\operatorname{cap}(B)}\right| \geq \frac{\eta}{2} \frac{v \operatorname{cap}_{\Delta}(B)}{\operatorname{cap}(B)}\right] \leq C \exp \left\{-c \eta^{2} N^{c}\right\} \tag{9.25}
\end{equation*}
$$

for some constants $C$ and $c$ depending on $\gamma$ and $u$. The proof is completed by combining (9.23) and (9.25).

## 10. Proofs of the main results

We can now finally show our main results: Theorem 4.1 giving the coupling between the vacant sets of the random walk and the random interlacements in macroscopic subsets of the torus, and Theorem 1.1 implying the phase transition in the behavior of the radius of the connected cluster of the vacant set of the random walk containing the origin.

Proof of Theorem 4.1. As already announced several times, Theorem 3.2 is the key ingredient of this proof.

Recall the definitions and transition probabilities of the Markov chains $Y=\left(Y_{i}\right)_{i \geq 1}$ and $Z=\left(Z_{i}\right)_{i \geq 1}$ from Section 3. The state space $\Sigma$ of these Markov chains is finite, so we can apply Theorem 3.2 to construct a coupling of those two chains on some probability space $\left(\Omega_{N}, \mathcal{F}_{N}, \mathbb{Q}_{N}\right)$ carrying a Poisson point process with intensity $\mu \otimes d x$ on $\Sigma \times[0, \infty)$, so that their ranges coincide in sense of (3.23). We will apply this theorem with

$$
\begin{aligned}
n & =u \operatorname{cap}_{\Delta}(B) \asymp N^{d-1-\gamma}, & & \text { (cf. Lemma 5.1, Propositions 9.1, 9.3) } \\
|\Sigma| & \asymp N^{2(d-1)}, & & \\
T_{Y}, T_{Z} & \leq c N^{1-\gamma}, & & \text { (Lemma 7.1) } \\
g(\boldsymbol{z}) & =\bar{e}_{B}^{\Delta}\left(z_{1}\right) \asymp N^{1-d}, & & \text { (Lemma 5.1) } \\
\operatorname{Var} \rho_{\boldsymbol{z}}^{Y}, \operatorname{Var} \rho_{z}^{Z} & \asymp N^{1-d} N^{-\gamma(d-1)}, & & \text { (Lemma 8.1) } \\
\left\|\rho_{z}^{Y}\right\|_{\infty},\left\|\rho_{\boldsymbol{z}}^{Z}\right\|_{\infty} & \asymp N^{-\gamma(d-1)}, & & \text { (Lemma 5.3, cf. (8.7) and below) }
\end{aligned}
$$

In addition, it follows from Claims 7.3, 7.4, that $\pi^{\star}$ decays polynomially with $N$, and thus

$$
\begin{equation*}
k\left(\varepsilon_{N}\right) \sim c \underset{19}{\log N}-c^{\prime} \log \varepsilon_{N} \tag{10.2}
\end{equation*}
$$

Substituting those into condition (3.21) of Theorem 3.2 implies that $\varepsilon_{N}<c_{0}=c_{0}(d, \gamma, \alpha)$ as assumed in Theorem 4.1. If, in addition, $\varepsilon_{N}$ satisfies $\varepsilon_{N}^{2} \geq c N^{\delta-\kappa}$ for $\kappa=\gamma(d-1)-1>0$ and $\delta>0$, the, after some algebra, we obtain

$$
\begin{equation*}
\mathbb{Q}_{N}\left[\bigcup_{i \leq\left(1-\varepsilon_{N}\right) n} Z_{i} \subset \bigcup_{i \leq n} Y_{i} \subset \bigcup_{i \leq\left(1+\varepsilon_{N}\right) n} Z_{i}\right] \geq 1-c_{1} e^{-c_{2} N^{\delta^{\prime}}} \tag{10.3}
\end{equation*}
$$

for some $\delta^{\prime}$ as in Theorem 4.1.
We now re-decorate $Y$ and $Z$ to obtain a coupling of the vacant sets restricted to $B$. Let $\Gamma$ be the space of all finite-length nearest-neighbor paths on $\mathbb{T}_{N}^{d}$. For $\gamma \in \Gamma$ we use $\ell(\gamma)$ to denote its length and write $\gamma$ as $\left(\gamma_{0}, \ldots, \gamma_{\ell(\gamma)}\right)$.

To construct the vacant set of the random walk, we define on the same probability space $\left(\Omega_{N}, \mathcal{F}_{N}, \mathbb{Q}_{N}\right)$ (by possibly enlarging it) two sequences of 'excursions' $\left(\mathcal{E}_{i}\right)_{i \geq 1}$ and $\left(\tilde{\mathcal{E}}_{i}\right)_{i \geq 0}$, whose distribution is uniquely determined by the following properties

- Given realization of $Y=\left(\left(Y_{i, 1}, Y_{i, 2}\right)\right)_{i \geq 1}$ and $Z=\left(\left(Z_{i, 1}, Z_{i, 2}\right)\right)_{i \geq 1},\left(\mathcal{E}_{i}\right)$ and $\left(\tilde{\mathcal{E}}_{i}\right)$ are conditionally independent sequences of conditionally independent random variables.
- For every $i \geq 1$, the random variable $\mathcal{E}_{i}$ is $\Gamma$-valued and for every $\gamma \in \Gamma$,

$$
\begin{equation*}
\mathbb{Q}_{N}\left[\mathcal{E}_{i}=\gamma \mid Y, Z\right]=P_{Y_{i, 1}}\left[H_{\Delta}=\ell(\gamma), X_{i}=\gamma_{i} \forall i \leq \ell(\gamma) \mid X_{H_{\Delta}}=Y_{i, 2}\right] . \tag{10.4}
\end{equation*}
$$

- For every $i \geq 1$, the random variable $\tilde{\mathcal{E}}_{i}$ is $\Gamma$-valued and for every $\gamma \in \Gamma$,

$$
\begin{equation*}
\mathbb{Q}_{N}\left[\tilde{\mathcal{E}}_{i}=\gamma \mid Y, Z\right]=P_{Y_{i, 2}}\left[H_{B}=\ell(\gamma), X_{i}=\gamma_{i} \forall i \leq \ell(\gamma) \mid X_{H_{B}}=Y_{i+1,1}\right] . \tag{10.5}
\end{equation*}
$$

- The random variable $\tilde{\mathcal{E}}_{0}$ is $\Gamma$-valued and

$$
\begin{equation*}
\mathbb{Q}_{N}\left[\tilde{\mathcal{E}}_{0}=\gamma \mid Y, Z\right]=P\left[R_{1}=\ell(\gamma), X_{i}=\gamma_{i} \forall i \leq \ell(\gamma) \mid X_{R_{1}}=Y_{1,1}\right] . \tag{10.6}
\end{equation*}
$$

With slight abuse of notation, we construct on $\left(\Omega_{N}, \mathcal{F}_{N}, \mathbb{Q}_{N}\right)$ a process $\left(X_{n}\right)_{n \geq 0}$ defined by concatenation of $\tilde{\mathcal{E}}_{0}, \mathcal{E}_{1}, \tilde{\mathcal{E}}_{1}, \mathcal{E}_{2}, \ldots$. From the construction it follows easily that $X$ is a simple random walk on $\mathbb{T}_{N}^{d}$ started from the uniform distribution. Finally, we write $R_{1}=\ell\left(\tilde{\mathcal{E}}_{0}\right)$, $D_{1}=\ell\left(\tilde{\mathcal{E}}_{0}\right)+\ell\left(\mathcal{E}_{1}\right), \ldots$, which is consistent with the previous notation, and set, as before, $\mathcal{N}\left(u N^{d}\right)=\sup \left\{i: R_{i}<u N^{d}\right\}$. Finally, we fix an arbitrary constant $\beta>0$ and define the vacant set of random walk on $\left(\Omega_{N}, \mathcal{F}_{N}, \mathbb{Q}_{N}\right)$ by

$$
\begin{equation*}
\mathcal{V}_{N}^{u}=\mathbb{T}_{N}^{d} \backslash\left\{X_{\beta N^{d}}, \ldots, X_{(\beta+u) N^{d}}\right\}, \tag{10.7}
\end{equation*}
$$

which has the same distribution as the vacant set introduced in (1.1), since $\left(X_{i}\right)$ is stationary Markov chain.

To construct the vacant set of random interlacements intersected with $B$, let $\mathcal{I}_{0}=\emptyset$ and for $i \geq 1$ inductively

$$
\begin{align*}
\iota_{i} & =\inf \left\{j \geq 1: j \notin \mathcal{I}_{i-1}, Y_{j}=Z_{i}\right\}, \\
\mathcal{E}_{i}^{\mathrm{RI}} & =\mathcal{E}_{\iota_{i}},  \tag{10.8}\\
\mathcal{I}_{i} & =\mathcal{I}_{i-1} \cup\left\{\iota_{i}\right\} .
\end{align*}
$$

Let further $\left(U_{i}\right)_{i \geq 1}$ be a sequence of conditionally independent Bernoulli random variables with (cf. (4.10))

$$
\begin{equation*}
P\left[U_{i}=1\right]=\frac{P_{Z_{i, 2}}^{\mathbb{Z}^{d}}\left[H_{B}=\infty\right] \bar{e}_{B}\left(Z_{i+1,1}\right)}{P_{Z_{i, 2}}^{\mathbb{Z}^{d}}\left[H_{B}<\infty, X_{H_{B}}=Z_{i+1,1}\right]+P_{Z_{i, 2}}^{\mathbb{Z}^{d}}\left[H_{B}=\infty\right] \bar{e}_{B}\left(Z_{i+1,1}\right)} . \tag{10.9}
\end{equation*}
$$

The event $\left\{U_{i}=1\right\}$ heuristically correspond to the event "after the excursion $Z_{i}$ the random walk leaves to infinity and the excursion of random interlacements corresponding to $Z_{i+1}$ is a part of another random walk trajectory". We set $V_{0}=0$ and inductively for $i \geq 1$.
$V_{i}=\inf \left\{i>V_{i-1}: U_{i}=1\right\}$. Then, by construction, for every $i \geq 1,\left(\mathcal{E}_{j}^{\mathrm{RI}}\right)_{V_{i-1}<j \leq V_{i}}$ has the same distribution as the sequence of excursions of random walk $X^{(i)}$ into $B$, cf. (2.6), (4.9). Finally, as in (2.6), we let $\left(J_{u}^{N}\right)_{u \geq 0}$ to stand for a Poisson process with intensity cap $(B)$, defined on $\left(\Omega_{N}, \mathcal{F}_{N}, \mathbb{Q}_{N}\right)$, independent of all previous randomness, and set

$$
\begin{equation*}
\mathcal{N}^{\prime}(u)=V_{J_{u}^{N}} . \tag{10.10}
\end{equation*}
$$

This is again consistent with previous notation. Finally, for $\beta$ as above, we can construct the random variables having the law of the vacant set of random interlacements at levels $u+\varepsilon_{N}$ and $u-\varepsilon_{N}$ intersected with $B$,

$$
\begin{equation*}
\mathcal{V}^{u \pm \varepsilon_{N}}=B \backslash \bigcup_{i=\mathcal{N}^{\prime}(\beta \mp \varepsilon N / 2)}^{\mathcal{N}^{\prime}\left(\beta+u \pm \varepsilon_{N} / 2\right)} \operatorname{Range}\left(\mathcal{E}_{i}^{\mathrm{RI}}\right) . \tag{10.11}
\end{equation*}
$$

Denoting $\mathcal{K}_{N}=\operatorname{cap}_{\Delta}(B)$, by Proposition 9.1 the set $\mathcal{V}_{N}^{u}$ of 10.7) satisfies

$$
\begin{equation*}
\mathbb{Q}_{N}\left[B_{N} \backslash \bigcup_{i=\left(\beta-\varepsilon_{N} / 4\right) \mathcal{K}_{N}}^{\left(\beta+u+\varepsilon_{N} / 4\right) \mathcal{K}_{N}} \operatorname{Range}\left(\mathcal{E}_{i}\right) \subset \mathcal{V}_{N}^{u} \subset B_{N} \backslash \bigcup_{i=\left(\beta+\varepsilon_{N} / 4\right) \mathcal{K}_{N}}^{\left(\beta+u-\varepsilon_{N} / 4\right) \mathcal{K}_{N}} \operatorname{Range}\left(\mathcal{E}_{i}\right)\right] \geq 1-C e^{-c \varepsilon_{N}^{2} N^{c}} . \tag{10.12}
\end{equation*}
$$

Combining (10.3) and (10.8) yields

$$
\begin{align*}
& \mathbb{Q}_{N}\left[B_{N} \backslash \bigcup_{i=\left(\beta-\varepsilon_{N} / 4\right) \mathcal{K}_{N}}^{\left(\beta+u+\varepsilon_{N} / 4\right) \mathcal{K}_{N}} \operatorname{Range}\left(\mathcal{E}_{i}\right) \supset B_{N} \backslash \bigcup_{i=\left(\beta-\varepsilon_{N} / 3\right) \mathcal{K}_{N}}^{\left(\beta+u+\varepsilon_{N} / 3\right) \mathcal{K}_{N}} \operatorname{Range}\left(\mathcal{E}_{i}^{R I}\right)\right] \geq 1-C e^{-c_{2} N^{\delta^{\prime}}}, \\
& \mathbb{Q}_{N}\left[B_{N} \backslash \bigcup_{i=\left(\beta+\varepsilon_{N} / 4\right) \mathcal{K}_{N}}^{\left(\beta+u-\varepsilon_{N} / 4\right) \mathcal{K}_{N}} \operatorname{Range}\left(\mathcal{E}_{i}\right) \subset B_{N} \backslash \bigcup_{i=\left(\beta+\varepsilon_{N} / 3\right) \mathcal{K}_{N}}^{\left(\beta+u . \varepsilon_{N} / 3\right) \mathcal{K}_{N}} \operatorname{Range}\left(\mathcal{E}_{i}^{R I}\right)\right] \geq 1-C e^{-c_{2} N^{\delta^{\prime}}} . \tag{10.13}
\end{align*}
$$

Finally, by Proposition 9.3, for vacant sets as in 10.11,

$$
\begin{align*}
& \mathbb{Q}_{N}\left[\mathcal{V}^{u+\varepsilon_{N} / 2} \cap B \subset B_{N} \backslash \bigcup_{i=\left(\beta-\varepsilon_{N} / 3\right) \mathcal{K}_{N}}^{\left(\beta+u+\varepsilon_{N} / 3\right) \mathcal{K}_{N}} \operatorname{Range}\left(\mathcal{E}_{i}^{R I}\right)\right] \geq 1-C e^{-c \varepsilon_{N}^{2} N^{c}}, \\
& \mathbb{Q}_{N}\left[\mathcal{V}^{u-\varepsilon_{N} / 2} \cap B \supset B_{N} \backslash \bigcup_{i=\left(\beta+\varepsilon_{N} / 3\right) \mathcal{K}_{N}}^{\left(\beta+u-\varepsilon_{N} / 3\right) \mathcal{K}_{N}} \operatorname{Range}\left(\mathcal{E}_{i}^{R I}\right)\right] \geq 1-C e^{-c \varepsilon_{N}^{2} N^{c}} . \tag{10.14}
\end{align*}
$$

Theorem 4.1 then follows by combining (10.12)- 10.14 .
Proof of Theorem 1.1. Let us first introduce a simple notation. If $\mathcal{C}$ is a random subset of either $\mathbb{T}^{d}$ or $\mathbb{Z}^{d}$, let $A_{N}(\mathcal{C})$ stand for the event $[\operatorname{diam}(\mathcal{C})>N / 4]$, which appears in the definition of $\eta_{N}(u)$. We also denote by $\mathcal{C}_{0}(u)$ the connected component containing the origin of $\mathbb{Z}^{d}$ for random interlacements at level $u$.

We now turn to the proof of (1.3). Fix $u>u_{\star}(d)$. Letting $u^{\prime} \in\left(u_{\star}, u\right)$ and writing $u^{\prime}=(1-\varepsilon) u$, we estimate

$$
\begin{equation*}
P\left[A_{N}\left(\mathcal{C}_{N}(u)\right)\right] \leq 1-\mathbb{Q}_{N}\left[\left(\mathcal{V}_{N}^{u} \cap \mathcal{B}_{N}\right) \subset\left(\mathcal{V}^{u(1-\varepsilon)} \cap \mathcal{B}_{N}\right)\right]+P\left[A_{N}\left(\mathcal{C}_{0}\left(u^{\prime}\right)\right)\right] \tag{10.15}
\end{equation*}
$$

which clearly tends to zero using Theorem $\frac{1.2}{21}$ and the fact that $u^{\prime}>u_{\star}$.

Now let us treat the supercritical case in (1.4). Given $u<u_{\star}$ and $\varepsilon>0$, we use the continuity of $\eta(u)$ in $\left[0, u_{\star}\right)$, see Corollary 1.2 of [Tei09], to find $u^{\prime}$ and $u^{\prime \prime}$ such that

$$
\begin{equation*}
(1-\varepsilon) u \leq u^{\prime}<u<u^{\prime \prime} \leq(1+\varepsilon) u \quad \text { and } \quad \eta\left(u^{\prime}\right)-\eta\left(u^{\prime \prime}\right)<\varepsilon . \tag{10.16}
\end{equation*}
$$

We now observe that for $N>c$ we have $\left|\eta\left(u^{\prime}\right)-P\left[A_{N}\left(\mathcal{C}_{0}\left(u^{\prime}\right)\right)\right]\right|<\varepsilon$. Therefore, since $\eta$ is non-increasing function,

$$
\begin{align*}
& \left|P\left[A_{N}\left(\mathcal{C}_{N}(u)\right)\right]-\eta(u)\right| \\
& \quad \leq \varepsilon+\left(P\left[A_{N}\left(\mathcal{C}_{N}(u)\right)\right]-\eta\left(u^{\prime \prime}\right)\right)_{-}+\left(P\left[A_{N}\left(\mathcal{C}_{N}(u)\right)\right]-\eta\left(u^{\prime}\right)\right)_{+} \\
& \quad{ }^{N>c} 2 \varepsilon+\left(\mathbb{Q}\left[A_{N}\left(\mathcal{C}_{N}(u)\right)\right]-\mathbb{Q}\left[A_{N}\left(\mathcal{C}_{0}\left(u^{\prime \prime}\right)\right)\right]\right)_{-}+\left(\mathbb{Q}\left[A_{N}\left(\mathcal{C}_{N}(u)\right)\right]-\mathbb{Q}\left[A_{N}\left(\mathcal{C}_{0}\left(u^{\prime}\right)\right)\right]\right)_{+} \\
& \quad \leq 2 \varepsilon+1-\mathbb{Q}_{N}\left[\left(\mathcal{V}^{u(1+\varepsilon)} \cap \mathcal{B}_{N}\right) \subset\left(\mathcal{V}_{N}^{u} \cap \mathcal{B}_{N}\right) \subset\left(\mathcal{V}^{u(1-\varepsilon)} \cap \mathcal{B}_{N}\right)\right] . \tag{10.17}
\end{align*}
$$

Since the limsup of the right-hand side of the above equation is at most $2 \varepsilon$ by Theorem 1.2 and $\varepsilon>0$ is arbitrary, we have proved (1.4) and consequently Theorem 1.1.

## Appendix A. A Chernov-type estimate for additive functionals of Markov chains

We show here a simple variant of Chernov bound for additive functionals of Markov chains. Many such bounds were obtained previously, but they do not suite our purposes. E.g., Lezaud Lez98] (see also Theorems 2.1.8, 2.1.9 in [SC97]) provides such bounds in terms of the spectral gap of the Markov chain. Since the spectral gap of non-reversible Markov chains is not easy to estimate, and, more importantly, it does not always reflect the mixing properties of the chain, it seems preferable to use the mixing time of the chain as the input. This idea was applied e.g. in [CLLM12], whose bounds, in contrary to [Lez98], do not use the information about the variance of the additive functional under the equilibrium measure, and thus give worse estimates in the case where this variance is known. The theorems below can be viewed as combination of those two results.

We consider discrete time Markov chains first.
Theorem A.1. Let $\left(X_{n}\right)_{n \geq 0}$ be a discrete-time Markov chain on a finite state space $\Sigma$ with transition matrix $P$, initial distribution $\nu$, mixing time $T$, and invariant distribution $\pi$. Then, for every $n \geq 1$, every function $f: \Sigma \rightarrow[-1,1]$ satisfying $\pi(f)=0$ and $\pi\left(f^{2}\right) \leq \sigma^{2}$, and every $\gamma \leq \sigma^{2} \wedge \frac{1}{2}$

$$
\begin{equation*}
\mathbb{P}\left[\sum_{i<n} f\left(X_{n}\right) \geq n \gamma\right] \leq 4 \exp \left\{-\left\lfloor\frac{n}{k(\gamma) T}-1\right\rfloor \frac{\gamma^{2}}{6 \sigma^{2}}\right\} \tag{A.1}
\end{equation*}
$$

with

$$
\begin{equation*}
k(\gamma)=-\log _{2}\left(\pi_{\star} \gamma^{2} /\left(6 \sigma^{2}\right)\right) \tag{A.2}
\end{equation*}
$$

and $\pi_{\star}=\min _{x \in \Sigma} \pi(x)$.
Proof. Let $\tau=k(\gamma) T$. From [LPW09, Section 4.5] it follows that, for any initial distribution $\nu$,

$$
\begin{equation*}
(1-\varepsilon) \pi(x) \leq \mathbb{P}\left[X_{\tau}=x\right] \leq(1+\varepsilon) \pi(x), \tag{A.3}
\end{equation*}
$$

with $\varepsilon \leq \gamma^{2} /\left(6 \sigma^{2}\right)$. For $0 \leq k<\tau$, define $X_{j}^{(k)}=X_{k+\tau j}, j \geq 0$. For every $k,\left(X_{j}^{(k)}\right)_{j \geq 0}$ is a Markov chain with transition matrix $P^{\tau}$ and invariant distribution $\pi$. In view of (A.3), $\left(X_{j}^{(k)}\right)_{j \geq 1}$ are close to being i.i.d. with marginal $\pi$; the distribution of $X_{0}^{(k)}$ cannot be controlled in general.

Writing $Y_{n}^{(k)}=\sum_{0 \leq i<(n-k) / \tau} f\left(X_{i}^{(k)}\right)$, with help of Jensen's inequality and the exponential Chebyshev bound, we have for every $\lambda>0$

$$
\begin{equation*}
\mathbb{P}\left[\sum_{j<n} f\left(X_{j}\right) \geq \gamma n\right] \leq \exp \left\{-\lambda \gamma n \tau^{-1}\right\} \frac{1}{\tau} \sum_{k<\tau} \mathbb{E}\left[\exp \left\{\lambda Y_{n}^{(k)}\right\}\right] \tag{A.4}
\end{equation*}
$$

Using (A.3), the Markov property recursively, and the fact $f \leq 1$ for the summand $f\left(X_{0}^{(k)}\right)$,

$$
\begin{equation*}
\mathbb{E}\left[\exp \left\{\lambda Y_{n}^{(k)}\right\}\right] \leq e^{\lambda} \exp \left\{\left\lfloor\frac{n-k}{\tau}\right\rfloor\left(\log \left(\pi\left(e^{\lambda f}\right)\right)+\log (1+\varepsilon)\right)\right\} \tag{A.5}
\end{equation*}
$$

for all $0 \leq k<\tau$. By Bennett's lemma (see e.g. [DZ98, Lemma 2.4.1]),

$$
\begin{equation*}
\pi\left(e^{\lambda f}\right) \leq \frac{1}{1+\sigma^{2}} e^{-\lambda \sigma^{2}}+\frac{\sigma^{2}}{1+\sigma^{2}} e^{\lambda} \tag{A.6}
\end{equation*}
$$

Inserting this bound back into (A.4) and optimizing over $\lambda$ as in [DZ98, Corollary 2.4.7], which amounts to choose

$$
\begin{equation*}
e^{\lambda}=\frac{1}{\sigma^{2}} \cdot \frac{\gamma+\sigma^{2}}{1-\gamma} \leq 4 \tag{A.7}
\end{equation*}
$$

we obtain

$$
\begin{equation*}
\mathbb{P}\left[\sum_{j<n} f\left(X_{j}\right) \geq \gamma n\right] \leq 4 \exp \left\{-\left\lfloor\frac{n}{\tau}-1\right\rfloor\left(H\left(\left.\frac{\gamma+\sigma^{2}}{1+\sigma^{2}} \right\rvert\, \frac{\sigma^{2}}{1+\sigma^{2}}\right)-\log (1+\varepsilon)\right)\right\}, \tag{A.8}
\end{equation*}
$$

where $H(x \mid p)=x \log \frac{x}{p}+(1-x) \log \frac{1-x}{1-p}$. Observing finally that for every $\sigma^{2} \in(0,1)$ and $\gamma \in\left(0, \sigma^{2}\right)$

$$
\begin{equation*}
H\left(\left.\frac{\gamma+\sigma^{2}}{1+\sigma^{2}} \right\rvert\, \frac{\sigma^{2}}{1+\sigma^{2}}\right) \geq \frac{\gamma^{2}}{3 \sigma^{2}} \tag{A.9}
\end{equation*}
$$

and $\log (1+\varepsilon) \leq \varepsilon \leq \gamma^{2} /\left(6 \sigma^{2}\right)$, we obtain the claim of the theorem.
For continuous-time Markov chains we have an analogous statement.
Corollary A.2. Let $\left(X_{t}\right)_{t \geq 0}$ be a continuous-time Markov chain on a finite state space $\Sigma$ with generator $L$, initial distribution $\nu$, mixing time $T$, and invariant distribution $\pi$. Then for every $t>0$, every every function $f: \Sigma \rightarrow[-1,1]$ with $\pi(f)=0$ and $\pi\left(f^{2}\right) \leq \sigma^{2}$, and for $\gamma \leq \sigma^{2} \wedge \frac{1}{2}$

$$
\begin{equation*}
\mathbb{P}\left[\int_{0}^{t} f\left(X_{s}\right) \mathrm{d} s \geq \gamma t\right] \leq 4 \exp \left\{-\left\lfloor\frac{t}{k(\gamma) T}-1\right\rfloor \frac{\gamma^{2}}{6 \sigma^{2}}\right\} \tag{A.10}
\end{equation*}
$$

with $k(\gamma)$ as in Theorem A.1.
Proof. The proof is a discretization argument: Consider a discrete-time Markov chain $Y_{n}^{\delta}=X_{\delta n}$. The mixing time $T(\delta)$ of $Y^{\delta}$ satisfies $T(\delta)=T \delta^{-1}(1+o(1))$ as $\delta \rightarrow 0$. The previous theorem applied with $n=\delta^{-1} t$, then implies

$$
\begin{equation*}
\mathbb{P}\left[\delta \sum_{j<t \delta^{-1}} f\left(X_{j \delta}\right) \geq \gamma t\right] \leq 4 \exp \left\{-\left\lfloor\frac{t}{k(\gamma) T}-1\right\rfloor \frac{\gamma^{2}}{6 \sigma^{2}}\right\} \tag{A.11}
\end{equation*}
$$

Taking $\delta \rightarrow 0$ and using the fact that $\Sigma$ is finite (that is the transition rates are bounded from below) yields the claim.

Finally, let $h: \Sigma \rightarrow \mathbb{R}$ be an arbitrary function such that $\operatorname{Var}_{\pi}(h) \leq \sigma^{2}$. Set

$$
\begin{equation*}
f=(h-\pi(h)) / 2\|h\|_{\infty}, \tag{A.12}
\end{equation*}
$$

so that $\|f\|_{\infty} \leq 1, \pi(f)=0$ and $\pi\left(f^{2}\right) \leq \sigma^{2} /\left(4\|h\|_{\infty}^{2}\right)$. The corollary applied with $\gamma=$ $\delta \pi(h) / 2\|h\|_{\infty}$ then directly implies

$$
\begin{equation*}
\mathbb{P}\left[\int_{0}^{t} h\left(X_{s}\right) \mathrm{d} s-t \pi(h) \geq \delta t \pi(h)\right] \leq 4 \exp \left\{-\left\lfloor\frac{t}{k^{\prime}(\delta) T}-1\right\rfloor \frac{\delta^{2} \pi(h)^{2}}{6 \sigma^{2}}\right\} \tag{A.13}
\end{equation*}
$$

with

$$
\begin{equation*}
k^{\prime}(\delta)=-\log _{2}\left(\delta^{2} \pi(h)^{2} \pi_{\star} /\left(6 \sigma^{2}\right)\right) \tag{A.14}
\end{equation*}
$$

whenever

$$
\begin{equation*}
\delta \leq \frac{\sigma^{2}}{2 \pi(h)\|h\|_{\infty}} \wedge 1 \tag{A.15}
\end{equation*}
$$

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